

Fall 2019  
**Course  
Catalog**  
Volume 18 Number 2

# ACADEMY FOR LIFELONG LEARNING of Cape Cod, Inc.



Academy for Lifelong Learning  
Cape Cod Community College

2240 Iyannough Road  
West Barnstable, MA  
02668-1599

774-330-4400

[www.capecodall.org](http://www.capecodall.org)

**Learn**  
something new,  
**Connect**  
with others,  
**Volunteer**  
and make new friends.

**THURSDAY**

**9-12**  
**2019**

**All Members**  
**Save the Date!**  
**ALL's BACK TO**  
**SCHOOL SOCIAL**

**Cultural Center of Cape Cod**  
**307 Old Main Street**  
**South Yarmouth**

**5:00 p.m. – 7:00 p.m.**

*Wine, Soft Drinks and  
Appetizers will be served.*

**Come join us as we kick off  
the new ALL year!**

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**ACADEMIC CALENDAR FOR FALL 2019**

Registration begins	Monday, August 19 at 9 a.m.
New Member Orientation	Wednesday, September 4 at 10 a.m.
Coordinators' Luncheon	Wednesday, September 4 at noon
Classes begin	Monday, September 9
First six-week classes end	Monday, October 21
Second six-week classes begin	Tuesday, October 22
Classes end	Monday, December 9

**Holidays – no classes**

Columbus Day	Monday, October 14
Veterans Day	Monday, November 11
Thanksgiving Break	Tuesday-Friday, November 26-29

**ACADEMIC CALENDAR FOR SPRING 2020**

Registration begins	Monday, January 13 at 9 a.m.
New Member Orientation	Wednesday, January 29 at 10 a.m.
Coordinators' Luncheon	Wednesday, January 29 at noon
Classes begin	Monday, February 3
First six-week classes end	Monday, March 16
Second six-week classes begin	Monday, March 23
Classes end	Monday, May 4

**Holidays – no classes**

Washington's Birthday	Monday, February 17
Spring Recess	Tuesday-Friday, March 17-20
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## A Message from Our President

We at the Academy for Lifelong Learning are very pleased to offer our members a wide variety of interesting and fun classes in this Fall 2019 catalog. We strive to provide a stimulating array of classes to appeal to the diverse interests of our members, within a culture of respect for new and different ideas. Enthusiastic and knowledgeable volunteer coordinators lead these classes. You can keep up with current events, explore opportunities for personal growth and/or stimulate your brain by exploring new topics of interest, all in the company of congenial and engaged classmates. In addition, we have a variety of opportunities for socializing with fellow members.

I moved from Chicago to the Cape to be with family when I retired 6 years ago. Luckily a family member suggested that the Academy of Lifelong Learning might be an opportunity to learn, meet people and give back to a larger community. For some reason we tend to divide our adult life into two categories; our work life and our retired life. At ALL I found that what defines me is my sense of purpose, the reason that I wake up to learn and experience something new. The best advice I got from an ALL member is to take classes about something I didn't know; to learn new ideas and skills.

Whether you are a returning member, or new member, here are a couple of tips:

- When you get your catalog either in the mail or at a library sit down and fill out the registration form. Mail it or drop it off at the ALL office.
- Registration Processing begins on August 19th – that means we process what has been received prior to the 19th.
- Be sure to include fee payment – your registration cannot be processed without it
- Always include alternate classes – some of the best classes I've taken were my alternate choices
- Read the information in the catalog thoroughly and carefully – most of your questions will be answered
- When in doubt give us a call. Leave a message and we will get back you

We very much appreciate the time and efforts of ALL's class coordinators and Curriculum Committee members and all the volunteers who work throughout the year to bring worthwhile classes to our members.

Judy Roettig, *President*

## From the Curriculum Committee

Welcome to the fall semester of the Academy for Lifelong Learning (ALL). Your curriculum committee is delighted to present you with a wide range of course offerings – from historic events to contemporary issues, from unfinished symphonies to the great American Songbook, from the meaning of existence to finding your religion – designed to attract you, our lifelong learners. The richness of our program reflects the talents and skills of our coordinators. We encourage those of you with a special interest of your own to share it with us. Please consider offering a course in the spring 2020 semester or beyond.

Registration opens on Monday, August 19. Classes begin on Monday, September 9. If you are enrolled in a class but find that you cannot attend, please notify the ALL office at 774-330-4400 so the coordinator can contact a person on the waiting list to take your place. We appreciate your suggestions and look forward to learning together.

Miriam Kronish, *Chair*

### **ALL Curriculum Committee**

Mike Baker, Miriam Kronish, Dick Stewart, Henry Tamzarian, Lew Taylor, Nancy Yee

## From the Special Events Committee

We look forward to the following events in the coming months: Specific dates, places and times will be forthcoming.

September – Tom Silver will lecture on "Hokusai and Japan in the Floating World".

November – Annual Dinner/Theater event at the Barnstable Comedy Club.

Other events in the new year are a Cyber/Security presentation by a representative from the Cape Cod Five Bank

Stew Goodwin will present a lecture on China.

Janet Uhler, one of the jurors at the Whitey Bulger trial in Boston, will speak about her experience.

Other events are in the process of being planned. We hope to see you at our special events.

Diane Hoover, *Chair*

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The ALL office will open at 9 a.m. on Monday, August 19. To ensure a fair assignment of classes, ALL uses a random selection process. All ALL members whose completed registration forms with payment are received by Monday, August 19 will have an equal chance of getting their course choices. No preference will be given to early postmarks or delivery dates. We strongly encourage you to submit your form by mail. Forms received after August 19 will be processed when received but not before all prior course assignments are completed. Please be sure to include alternate choices in case your class choices are filled.

# Welcome to ALL

## **Overview**

The Academy for Lifelong Learning of Cape Cod, Inc. ("ALL") was established in 1987 as part of the Center for Successful Aging at Cape Cod Community College. In 1990, ALL became an independent self-governing entity. In 2001 we obtained 501(c)(3) status from the IRS. Throughout our history, ALL has maintained a close and mutually beneficial relationship with the college.

ALL is an organization of men and women aged 50 and older that offers its members the opportunity to pursue educational interests and to expand social relationships. Volunteerism is critical to ALL's ongoing success. Members are encouraged to become class coordinators, participate on committees, work on administrative activities, or just participate in any of ALL's activities and functions.

The opportunity for social interaction is an important aspect of ALL. In addition to classes, the academy offers social activities and special events such as lectures, and occasional trips theater productions and museums in the area.

ALL offers primarily academic courses but also has several creative and "how-to" courses. Classes vary from semester to semester. The academic offerings may include courses in literature, history, philosophy, the social sciences, religion, and art appreciation and interpretation. The creative and skills courses may include topics such as origami, beading, painting, bridge and various other areas of interest to our membership.

Our members who teach courses are known as coordinators. These volunteers bring their personal passions, avocations, and/or teaching experience to our classes. Some classes are traditional in structure where coordinators have the role of teacher, while other coordinators prefer a discussion structure and act as facilitators. There are two semesters or sessions per calendar year – fall and spring. Courses offerings are generally on either a six-week or a 12-week basis. ALL courses are not for academic credit with the College or elsewhere.

**Note: The views and opinions expressed in classrooms are strictly those of our coordinators and their guest speakers and, on occasion, can be controversial.**

## **New Members:**

Welcome! By indicating "First Time member" status on your registration form, you will receive an invitation to ALL's New Member Orientation. This is an opportunity to meet the Board and other new members, learn more about the organization, plus get a tour of the campus. Be sure to save the date, Wednesday September 4, at 10 a.m. for this event.

## **Board of Directors**

ALL's board of directors manages the business affairs and the day-to-day operation of the corporation. The board of directors has no fewer than six and no more than 15 members at any time, and each member is elected by the membership for a three-year term. Directors serve without compensation for their services and most are chairs of active committees or officers of the corporation. The current board consists of 13 members, with about one-third elected or appointed each year. The board list for this year can be found at the back of this catalog.

## **Committees**

ALL standing committees are responsible for the day-to-day operations, both social and educational. Most of the real work ensuring the smooth running of ALL takes place through the activities of these volunteer committees, summarized below:

**Curriculum:** Recruits coordinators, develops class schedules, and publishes the catalog.

**Nominating:** Identifies and solicits candidates for the board of directors.

**Long-Range Planning:** Addresses the future needs of the Academy.

**Special Events:** Plans and organizes lectures and outside events throughout the year.

**Policies and Procedures:** Maintains policies and procedures in accordance with ALL bylaws.

**Hospitality:** Plans and organizes social events for the membership.

**Finance:** Oversees the financial aspects of ALL, working with the treasurer.

**Communications:** Informs ALL members about events and programs via ALL's newsletter and website.

**Registration:** Processes applications, collects membership fees, and confirms class enrollment.

The board of directors also establishes *ad hoc* committees, as needed, for specific tasks and projects.

### **Course Selection**

For your planning purposes, a more concise list of courses arranged by day and time appears after the course descriptions in this catalog. Please complete the course selection area of the registration form using each course number, name, day and time.

For some courses, supplemental information describing class content may be found on our website [www.capecodall.org](http://www.capecodall.org)

### **Registration**

Completed registration forms may be mailed or hand-delivered to ALL prior to August 19th. The office is located on the College campus on the mezzanine level of the Grossman Commons Building adjacent to Rooms C-106 and C-115.

Registration processing begins Monday, August 19, 2019.. Be sure to include a check for the membership fee, currently \$105, made out to ALL. Unfortunately, we cannot accept credit cards and debit cards. Any incomplete component may delay the processing of the registration form. Please make a copy of your completed registration form for your records. Once your registration has been processed, you will receive a confirmation in the mail. We will attempt to contact you by telephone if none of your selected courses or alternate courses are available.

**Note: Complete and accurate contact information is very helpful if questions come up about your registration form and would be important in the event of an emergency.**

The ALL office will open at 9 a.m., on Monday, August 19. To ensure a fair assignment of classes, ALL uses a random selection process. All ALL members whose completed registration forms are received by Monday, August 19 with payment, will have an equal chance of getting their course choices. No preference will be given to early postmarks or delivery dates. We encourage you to submit your form by mail. Forms received after August 19 will be processed when received but not before all prior course assignments are completed. **Please be sure to include alternate choices in case your class choices are filled.**

Because of space limitations and coordinator requests, class sizes vary. It is important to list alternatives if your first-choice classes are filled. If no alternatives are listed, it will be assumed that none are desired, and your fee payment will be refunded after the class registration process is completed.

A member can select up to four 6-week classes per semester, or two 12-week classes, or one 12-week and two 6-week classes. After the first week of each semester, a paid member may enroll in additional courses if space is available and with approval from the coordinator. During the first week of classes, a list of courses with seats available will be posted in the ALL office. Refunds of membership fees are available only through the first week of class except in hardship cases.

### **Membership Fees**

The membership fee, currently \$105 per person, is paid for each semester in which a member chooses to take courses. The fee covers membership in ALL, including any combination of courses as described above plus other educational and social activities (though some events may involve an additional charge). Having been enrolled once – and even though no further fees are paid – a member remains on our records for another year and will continue to receive communications.

Course Coordinators are not subject to the membership fee.

In keeping with the purpose of ALL, there may be circumstances where ALL grants free membership to applicants in need. Application for this assistance is made via a letter to the president of ALL and all such information is kept strictly confidential.

Classes with low enrollments may be canceled outright, in which case registered attendees will be notified. Those who registered for these courses may enroll in other courses based on space available or receive a tuition refund. Refunds are issued after the class registration process is completed.

### **Withdrawals**

If, after receiving your course confirmation, you find you are unable to attend a course, please notify the ALL office at (774) 330-4400 so we may add the seat back into our inventory. If you start a course and find that you will not be attending it any longer, please notify the office as well as the coordinator.

**Class Locations**

Most courses are offered on the Cape Cod Community College campus at 2240 Iyannough Road, West Barnstable. Additional classes are available at several other locations around the Cape. Following are the addresses, phone numbers, and directions to the sites where classes are offered this semester. When selecting back-to-back classes, be sure to allow for travel time between sites.

**Rooms C-106 and C-115** are in the college's Grossman Commons Building, mezzanine level.

The **Multimedia Center** is in the basement of the community college's Wilkens Library.

The **Art Center** is in the Tilden Arts Center Building at the community college.

**Cape Cod Community College Downtown Hyannis Campus** (508-778-2221) is located at 540 Main St., Hyannis, behind Colombo's Restaurant.

**See maps of the college's main and downtown Hyannis campuses in this catalog.**

**Bridgewater State University's Cape Cod Campus** is located at 1175 Route 28, South Yarmouth, (508-531-1844) opposite the State Police barracks.

**Mashpee Senior Center** (508-539-1400), 26 Frank E. Hicks Drive, Mashpee, is located off Route 151 near the police and fire stations.

If you have any questions or concerns, please call or visit the ALL office. The phone number is (774) 330-4400. The office is located on the mezzanine level of the Grossman Commons Building adjacent to Rooms C-106 and C-115.

Many questions are answered on our website: [www.capecodall.org](http://www.capecodall.org). Registration forms are also available on the website.

**IMPORTANT COLLEGE PHONE NUMBERS****Weather-Related School Closing**

If the college is closed because of inclement weather or other reasons, then ALL is also closed. The college closing caused by weather will usually be announced on the radio and TV. If the college announces a delayed opening time, ALL classes that are scheduled to start before that time are also canceled.

To confirm, please call the college's hotline at (508) 375-4070.

**College Campus Public Safety Regulations and Disabled Parking Rules****General Regulations**

- The Campus speed limit is twenty (20) miles per hour.
- Crosswalks are clearly marked. Cars must stop and wait, per the law, until pedestrians have crossed the street safely.
- Park in public lots, being especially careful to park within the white lines (front, back and sides).
- Be sure that your driver's license and registration are valid, and that you have a current inspection sticker and insurance.

**Handicapped Parking**

- Disabled Parking is ONLY for those who display a Disabled/plate/placard from the RMV.
- Park carefully within the designated white lines (front, back and sides).
- Pick-up/drop-off areas are outside the Commons entrance near the elevator opposite the radio station.

Direct Phone number to Police or Campus Security Officer is 774-330-4349 - please add this # to your phone contact list

Should you find that Disabled Parking spots near Grossman Center are not available and you have a valid RMV Disabled plate/placard, the following alternatives are suggested by Campus Security.

- Additional Disabled Parking is located on the drive leading to the Science Building.
- Phone Campus Security (774-330-4349) to pick you up in a College Parking lot close to Grossman and arrange for drop off after your class.
- The Campus Security Office is located opposite the Cafeteria on the first floor of Grossman.

# ALL NEEDS YOU!

## Become a Coordinator of a class at the Academy for Lifelong Learning in the Spring 2020 Session at one of our many locations.



ALL courses are generally led by retired educators, professionals, artists, writers, and others who are willing to share their passion on a topic or set of topics with the students. It allows the opportunity to inspire others to learn and explore. In addition, one can lead class members without the administrative burdens of traditional teaching. It often permits the development of innovative and interesting learning experiences. Mature students are eager to learn, which makes coordinating a fun experience.

**Note:** We have developed a digital database to improve the processing of proposals. Please submit your proposal on our website ([www.capecodall.org](http://www.capecodall.org)). Should you need assistance in submitting your proposal on-line, please contact the ALL Office at (774) 330-4400.

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**Course Description (50 to 75 words)** Please describe your course and briefly discuss what you expect to accomplish in class and list any readings, materials, videos, field trips, etc. you intend to use. Explain what students will learn and how you will use lectures, class discussion and other teaching formats to facilitate the course.

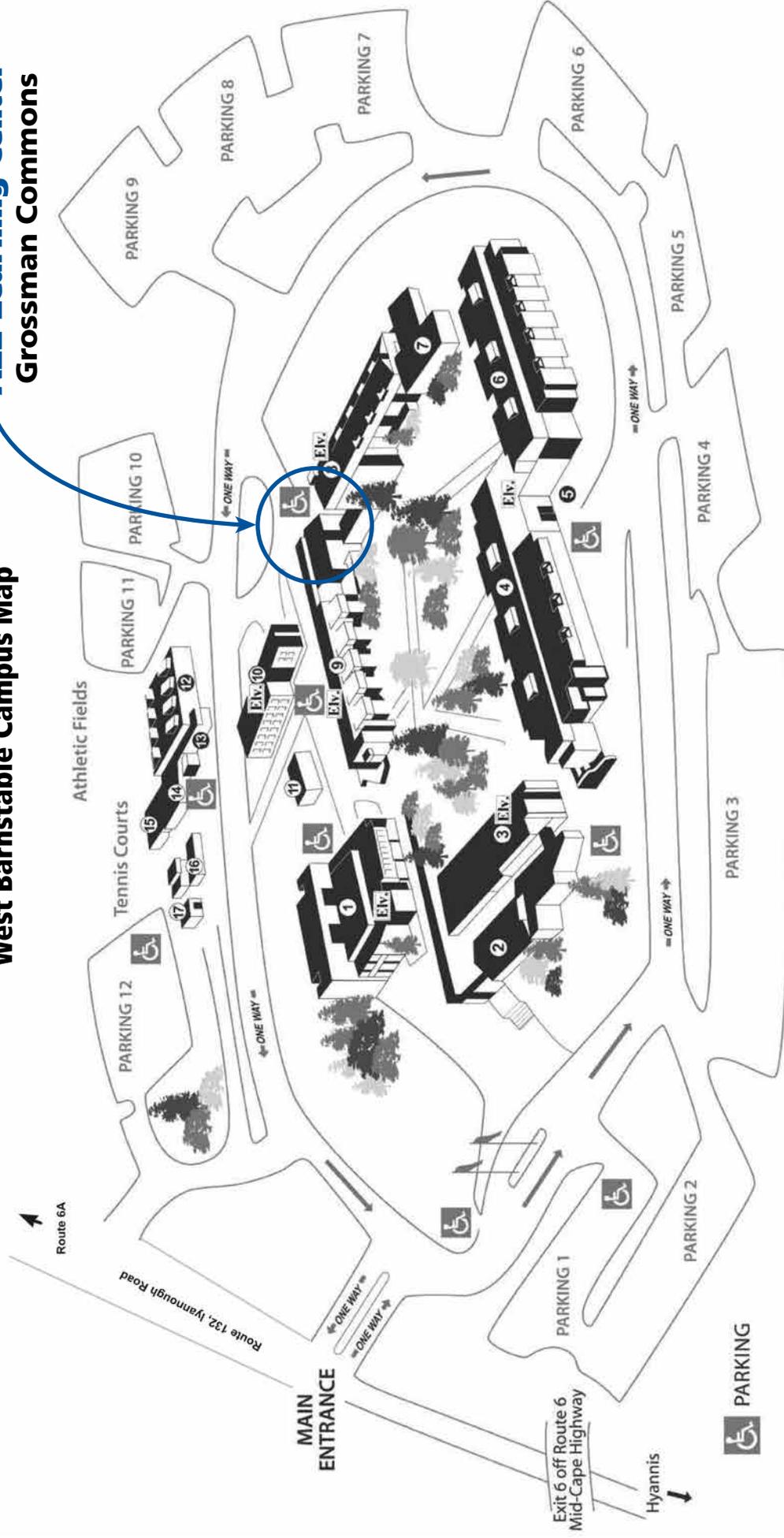
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**Bio (30 to 40 words)** Please list your experience, interests, educational background, and any degrees or qualifications you have that directly to your coordinating this course. Include any relevant information that shows your mastery of the subject and your passion for the topic.

**The Curriculum Committee will begin scheduling classes for the spring term on October 15. Proposals greatly appreciated by early October.**

**Cape Cod Community College  
West Barnstable Campus Map**

**ALL Learning Center  
Grossman Commons**

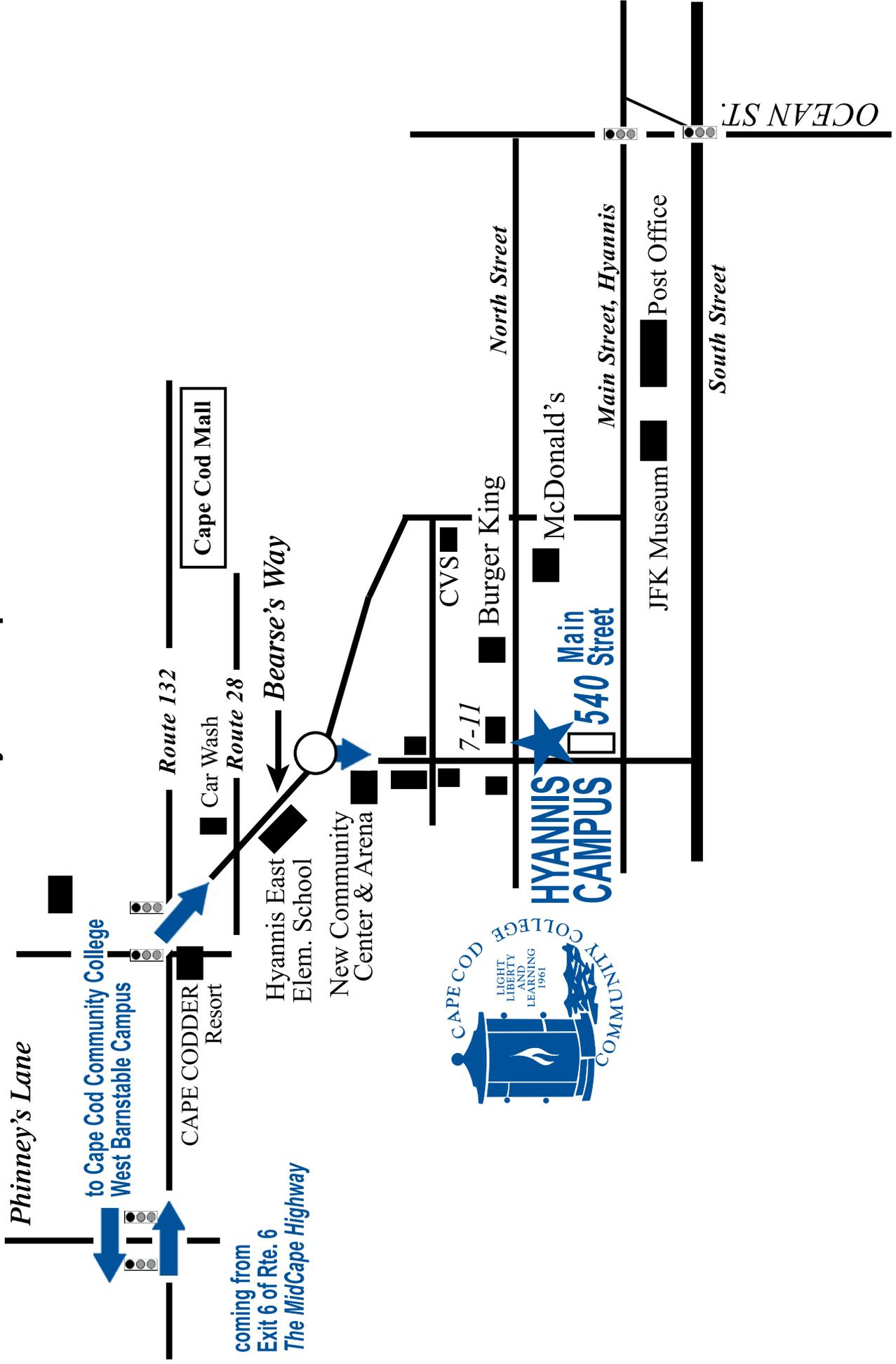


**Building Legend**

- |     |                                   |       |                                     |
|-----|-----------------------------------|-------|-------------------------------------|
| 1   | Tilden Arts Center                | 10    | Lorusso Applied Technology Building |
| 2   | Nickerson Administration Building | 11    | Makkey Broadcasting Center          |
| 3   | Wilkens Library                   | 12-15 | Life Fitness Complex                |
| 4   | South Building                    | 16-17 | Facilities Management Building      |
| 5   | North/South Connector             |       |                                     |
| 6   | North Building                    |       |                                     |
| 7,8 | Science Hall                      |       |                                     |
| 9   | Grossman Commons Building         |       |                                     |

# Cape Cod Community College

## Hyannis Campus



## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### MONDAY

#### Mozart's da Ponte Operas

Monday 9:00-10:20

First 6 weeks 9-Sep

**ALL1080**

C-115

Limit: 25

Mozart collaborated with librettist Lorenzo Da Ponte on three supreme masterpieces: *The Marriage of Figaro*, *Don Giovanni* and *Così fan Tutti*. This course will devote two sessions to each opera in performances with some of the greatest Mozart singers of all time.

**Coordinator: Steve Piontek.** A lifelong opera aficionado, Steve has taught several ALL courses over the last few years including operas by Puccini, Rossini, Strauss and Verdi.

#### Wagner's Ring Cycle

Monday 9:00-10:20

Second 6 weeks 28-Oct

**ALL1081**

C-115

Limit: 25

The four operas that comprise Wagner's *Der Ring des Nibelungen* cycle, *Das Rheingold*, *Die Walküre*, *Siegfried* and *Götterdämmerung*, are among the most monumental achievements in the history of music. Combining mythology, heroic action and glorious melody, the cycle is a transcendent operatic experience. Performances from top opera houses around the world will be featured.

**Coordinator: Steve Piontek.** Steve has previously taught ALL courses on operas by Verdi, Puccini, Strauss and Rossini. He loves sharing his passion and enthusiasm with seasoned opera lovers and newcomers alike.

#### The Agency: A History of the CIA

Monday 9:00-10:20

12 weeks 9-Sep

**ALL1099**

C-106

Limit: 25

We will begin with a brief history of American intelligence services prior to the CIA. We will then study the development of the CIA in the early years of the cold war, thru major coups in Iran and Guatemala, the Cuban missile crisis, success in Afghanistan, and scandals involving Iran and Nicaragua.

**Coordinator: Paula Stefani.** Paula has led several courses at ALL on diverse topics in history.

#### The Third Reich

Monday 10:30-11:50

12 weeks 9-Sep

**ALL1090**

C-106

Limit: 25

This course will study the Third Reich through discussion and the appearance of various characters of the Nazi era as the coordinator dons the clothing and persona of the various participants to answer questions from the class as if that person was actually present.

**Coordinator: Stephen R. Pastore.** Stephen has taught many courses at ALL including courses on the Third Reich and the Holocaust.

#### History of the Crusades

Monday 10:30-11:50

12 weeks 9-Sep

**ALL1116**

C-115

Limit: 25

The Crusades lasted from 1095 to 1291, almost 200 years. This course will cover the Crusades to the loss of the first Kingdom of Jerusalem in 1187. We will finish the history of the Crusades in a 6 week course in spring 2020. We will watch videos produced by The Great Courses and discuss them. Optional supplemental reading material will be provided.

**Coordinator: Ed Foster.** Ed is a retired rocket scientist who now has time to indulge his love for history.

#### How to Read a Movie Visually

Monday 12:00-1:20

12 weeks 9-Sep

**ALL1019**

C-115

Limit: 25

A movie has a basic structure through which the screenwriter/director keeps an audience enthralled. Its successful construction guarantees the audience's participation in the film. This course will examine this structure by viewing and discussing films from different periods of filmmaking, enabling the student to understand (read) the successful execution or failure of a film's story line and thus augmenting the enjoyment of the movie-watching experience. This is the same course as last semester, except that we will watch five different films.

**Coordinator: Joseph Gonzalez.** Joe is a native Cuban, raised and educated in the United States. He worked as a bilingual script supervisor in movies, commercials, music videos and television as well as a screenwriter of short and feature films. He studied film at the New School for Social Research in New York City and worked for twelve years as writer editor for several national magazines.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### MONDAY (Continued)

**The Beatles: A Magical Musical Tour** **ALL1037**  
Monday 12:00-1:20 C-106  
12 weeks 9-Sep Limit: 25

The course will offer a historical and critical analysis of the monumental contributions of The Beatles not only to music but to Western culture as well. Almost every one of their albums broke new ground and they demonstrated that pop/rock music was capable of incorporating numerous musical styles, harmonies, and song forms. Virtually all innovations in pop/rock music from the mid-sixties to the present owe a debt to one (or more) of The Beatles' albums. We will trace the development of The Beatles from their beginnings through their solo careers, looking at them from both a musical and a sociological perspective.

**Coordinator: Lew Taylor.** Lew is a retired public librarian and has both a BA and MA in American History. Lew has taught many courses at ALL and is the owner of I Cannot Live Without Books in West Dennis.

**Native American Actors** **ALL1082**  
Monday 1:30-2:50 C-115  
Second 6 weeks 28-Oct Limit: 25

This course will explore the lives and work of such Native American film personages as Graham Greene, Buffy St. Marie, Adam Beach, Tantoo Cardinal, Wes Studi, Irene Bedard. Their lives, tribal information, and movie clips from *Dances with Wolves*, *Last of the Mohicans*, *Legends of the Fall*, etc. will be included.

**Coordinator: Frank Cuphone.** Frank has been a lifelong student of Native cultures. He has traveled extensively to reservations and Native cultural sites, has worked with and was mentored by tribal elders, and has taught Native themes from pre-school to university level.

**Fascinating Facts about Famous Americans** **ALL1091**  
Monday 1:30-2:50 C-115  
First 6 weeks 9-Sep Limit: 25

Everyone knows who Eleanor Roosevelt and John Glenn were, but there are some fascinating facts about them you may not know. Some Americans like Gene Grabeel you may know nothing about. All are interesting to banter about in class.

**Coordinators: Dean Troxell and John Kennedy.** Dean and John have coordinated numerous history classes at ALL.

**Popular Music of the 60s** **ALL115**  
Monday 1:30-2:50 C-106  
12 weeks 9-Sep Limit: 25

Drawing from the archives of *Billboard Magazine*, this 12-week course will focus on different styles and types of popular music of the 60s, from early rock to Motown, the British Invasion, the Girl Groups, Country, Pop, Rhythm and Blues, Soul and more.

**Coordinator: Lew Taylor.** Lew is a retired public librarian and has both a BA and MA in American History. Lew has taught many courses at ALL and is the owner of I Cannot Live Without Books in West Dennis.

**Basic Conversational Spanish** **ALL1020**  
Monday 2:00-3:15 North/South Hall  
12 weeks 9-Sep Limit: 25

This class provides those with little or no knowledge of Spanish with a basic vocabulary to communicate their needs in any Spanish speaking environment. Classes will center on the daily usage of the language for travelers, social situations, dining, shopping, health emergencies, directions and personal necessities. Within that framework there will be discussions on grammar and culture. It is suggested, but not required, that you purchase a small English Spanish dictionary.

**Coordinator: Joseph Gonzalez.** Joe is a native Cuban, raised and educated in the United States. He is the co editor of *Escrivivientes*, the Spanish language literary magazine of Montclair State University. He is now working on a book of short stories in Spanish, three of which have been published.

**Beyond Red or White: The Battle of the Wines** **ALL1104**  
Monday 3:00-4:20 C-106  
First 6 weeks 9-Sep Limit: 25

It is the battle of the wines, the old world vs. the new world. You will pick the winners. Each week, we will be focusing in depth on one wine or style from an old world country (Europe) and a new world country (every place else). We will explore what makes them good, better, best, different, famous, a great value, or a disappointment. All aspects of the wine will be covered: the history of the region, the story behind the grapes, how the wines are made, and how they are marketed. Any actual wine tasting will be done on your own.

**Coordinator: Ron Fernandes.** Ron works with one of the premier distributors of wine, craft beer, and spirits in Massachusetts. He brings many years of knowledge and enthusiasm to the subject of wine.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### MONDAY (Continued)

**Beginners American Mahjong** **ALL982**  
Monday 3:00-4:20 C-115  
12 weeks 9-Sep Limit: 12

Learn the basics of the American version of the ancient tile game of logic and skill, similar to American rummy. Class will focus on rules and strategies of the game. You will then practice your skills in games with other members of the class. Please bring a notebook and pencil to class. Please Note: Students will be required to purchase an Official Mahjong Card for \$10 dollars from the instructor.

**Coordinator: Sharon Lewy.** Sharon, a retired elementary school teacher, has been playing Mahjong three times a week for two years.

### TUESDAY

**Putin's Game Plan** **ALL1047**  
Tuesday 9:00-10:20 C-106  
First 6 weeks 10-Sep Limit: 25

We will discuss Putin's accomplishments and the challenges that are now facing him and predict what might be in store for the future, especially relative to U.S. interests.

**Coordinator: Stew Goodwin.** After a 35-year career in the international investment business, Stew has been involved with many Cape organizations. For over a decade he has coordinated more than a dozen courses at ALL and given five lectures.

**The Middle East after ISIS** **ALL1048**  
Tuesday 9:00-10:20 C-106  
Second 6 weeks 22-Oct Limit: 25

This course will look at the composition of the Middle East as it stands now and how it is likely to change. We will cover failed states, militancy, and power shifts.

**Coordinator: Stew Goodwin.** After a 35-year career in the international investment business, Stew has been involved with many Cape organizations. For over a decade he has coordinated more than a dozen courses at ALL and given five lectures.

**Art: Darkness to Light** **ALL1061**  
Tuesday 9:00-10:20 C-115  
12 weeks 10-Sep Limit: 25

We will follow the dynamic BBC documentarian and art critic Waldemar Januszczak through the ages and across the world as he traces the story of art from the Dark Ages through the 19th century. His video presentations will be enhanced by in-depth studies of individual artists and genres using slides.

**Coordinators: Christine Johnston and David Johnston.** Chris and David have taught art, science and history courses at A.L.L during the past few years.

**The Great American Songbook** **ALL1071**  
Tuesday 10:30-11:50 C-115  
12 weeks 10-Sep Limit: 25

This course is a general survey of that classic era of American popular music (from the 1920s to the 1950s) which is commonly referred to as The Great American Songbook. We will explore its songs, lyricists, composers, singers, instrumentalists and bandleaders, including Louis Armstrong, Irving Berlin, Duke Ellington, Judy Garland, George and Ira Gershwin, and Rodgers & Hammerstein, among others. Recordings, trivia quizzes, video clips, and class discussion will be used to augment lecture material.

**Coordinator: Gina Poole.** Gina is a teacher, a musician, and a lifelong lover of music. Her first stint as an ALL coordinator was in the spring of 2018 when she taught 'Women in Music: Billie, Bessie, Bonnie and More.' As they say in the song - "I got music who could ask for anything more?"

**Franklin and Eleanor Roosevelt** **ALL504**  
Tuesday 10:30-11:50 C-106  
12 weeks 10-Sep Limit: 25

The story of Franklin and Eleanor Roosevelt is one of the greatest stories ever told. They were born to privilege, suffered extreme life traumas, and were reborn as two of the greatest humanitarian leaders the U.S. and the world have ever known. They led the U.S. through the Great Depression and World War II. The class will consist of a mixture of videos, discussions, reading, class participation, and lectures. The texts for the course will be *No Ordinary Time* by Doris Kearns Goodwin and/or *FDR* by Jean Edward Smith.

**Coordinator: Richard Kornblum.** Rick holds engineering and business degrees from Dartmouth College. He had a long career as an engineering manager. He is an amateur historian and an avid student of FDR.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### TUESDAY (Continued)

#### The Science Fiction of H. G. Wells

Tuesday 12:00-1:20  
First 6 weeks 10-Sep

**ALL1022**

C-115  
Limit: 25

This course will be a survey of the early science fiction novels that H. G. Wells wrote between 1895 and 1906. The novels will be available in the campus bookstore. The titles are *The Time Machine*, *The Island of Doctor Moreau*, *The Invisible Man*, *The War of The Worlds*, and *In the Days of the Comet*. The first class will be an introduction to H. G. Wells.

**Coordinator: Richard Slapsys.** Richard is Fine Arts Librarian Emeritus from the University of Massachusetts at Lowell. He taught an upper level literature course and also presented at a faculty salon on H. G. Wells

#### Building Better Relationships

Tuesday 12:00-1:20  
Second 6 weeks 22-Oct

**ALL1065**

C-106  
Limit: 25

This highly participatory course uses the nine personality styles of the Enneagram as a framework for understanding ourselves and the impact we have on others. We will discuss how each type builds relationships and negotiates the world in order to manage our differences more effectively. The Enneagram is used in business for personal and leadership development, team building and stress management. It is also used as an aid for mindfulness to improve health and for spiritual growth. Handouts will be provided.

**Coordinator: Marianne Triplette.** Marianne has more than three decades experience as a professor teaching business leadership and as a life coach. Her graduate degrees are in organizational behavior and group dynamics.

#### Origami for December Holidays

Tuesday 12:00-1:20  
First 6 weeks 10-Sep

**ALL1105**

C-106  
Limit: 25

Origami, the ancient art of paper-folding, is an increasingly popular craft because it provides beauty, enjoyment and cognitive benefits. This class will focus on December holiday models: ornaments, five-pointed stars, a Star of David, and more if there is time. Models may be taught using three different methods (YouTube videos, diagrams, facilitator demonstration). All folding levels are welcome.

**Coordinator: Andrea Plate.** Andrea is a retired middle school math teacher who used origami as a teaching tool. She has honed her technique through attendance at origami conferences, through self study and now teaches with passion and patience.

#### The Art of Discernment in the Second Half of Life

Tuesday 12:00-1:20  
Second 6 weeks 22-Oct

**ALL1109**

C-115  
Limit: 12

How well do you address the role of emotions and the spirit along with objective information in making hard decisions? This is called 'discernment'. The course is experiential. We will participate in group discernment on questions brought by class members (e.g. living arrangements, health care decisions, relationships, activities, letting go decisions). A process similar to the Quaker Clearness Committee technique will be utilized. Participation is key to a successful course outcome.

**Coordinator: Frank Noonan.** Frank is professor emeritus at Worcester Polytechnic Institute. He is certified in spiritual direction and counseling and is also a hospice volunteer.

#### Conversational French

Tuesday 1:30-2:50  
12 weeks 10-Sep

**ALL029**

C-106  
Limit: 25

This course provides an opportunity to practice and improve French language skills with fellow students and native speakers. Emphasis is on speaking and listening using reading and writing activities. Students collaborate in selecting topics for discussion and class activities, from reciting poems to watching films, reading Francophone works, discussing current events, explicating common cultural elements (proverbs, cartoons, children's stories), listening to music, making music, and sharing personal stories. Students work independently, in pairs, in groups, face to face, online, or in class. Previous knowledge of French is recommended.

**Coordinator: Lore De Bower.** Lore has a Ph.D. in French Medieval Women's Studies. She has taught French and Humanities for over 40 years.

#### So You Want to Be a Poet

Tuesday 1:30-4:00  
12 weeks 10-Sep

**ALL077**

C-115  
Limit: 25

This creative writing course involves writing poetry, reading and sharing students' poems in class, and gentle critiquing. The only rule is that there are no rules except you cannot say anything bad about your own writing. Please bring 25 copies of a poem to the first class.

**Coordinators: Victoria Branagan and Diane Hanna.** Victoria is a publisher, writer, and entrepreneur and co-coordinated this class for many semesters with Peter Saunders. Victoria and Dianne are long time students of this course and wish to continue Peter's love of poetry.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### TUESDAY (Continued)

**Film Noir: Hollywood Classics From The 40s and 50s** **ALL1096**  
 Tuesday 3:00-4:20 C-106  
 First 6 weeks 10-Sep Limit: 25

This course will look at film noir by examining the classic films from the golden age of Hollywood. We will also look at the origins of the genre and what makes a film fall into the category of film noir.

**Coordinator: Richard Slapsys.** Richard is Fine Arts Librarian Emeritus from the University of Massachusetts Lowell. He has taught literature and film in the English department. He is a big fan of the film noir genre.

### WEDNESDAY

**What Can Hospice Do for You?** **ALL1075**  
 Wednesday 9:00-10:20 C-106  
 First 6 weeks 11-Sep Limit: 12

This class will teach the fundamentals of hospice care which treats individuals facing a terminal diagnosis. Students will learn how an interdisciplinary team works together to provide symptom management, assist with various emotions and provide spiritual support. The class is designed for the layperson and will strive to give a very clear understanding of end of life care, to remove the stigma of death as a topic that is not discussed, and to understand death as a part of life. Should the need for hospice care ever arise, class participants will be well prepared to make an educated decision on what would be best for their family. Please note: This course will be repeated in the second 6-week session.

**Coordinator: Kathy Creedon.** After twenty years in the telecommunications industry, Kathy began working in the hospice field and found her passion there. As a volunteer coordinator, she not only trained others to be a part of end-of-life work but also unexpectedly benefitted from that experience when family members needed that special support themselves.

**Trump, Nationalism, and the World** **ALL1102**  
 Wednesday 9:00-10:20 C-106  
 Second 6 weeks 23-Oct Limit: 25

Through videos and the handbook of the Foreign Policy Association we will explore and discuss the rise of populism in the US and Europe, US-China trade, and our relationship with Mexico. The main narrative will be the changing US role in the world. Our text will be *Great Decisions* 2019 edition. It can be purchased from the Foreign Policy Association.

**Coordinators: Paul Arnold and Jim Connolly.** Paul was former ALL president. Paul and Jim have coordinated several previous courses.

**News and the World Outside of the USA** **ALL948**  
 Wednesday 9:00-10:20 C-115  
 12 weeks 11-Sep Limit: 25

How do others see us? How do others see events in the world? This course uses foreign media to look at world issues from a perspective other than that of the American media. We will look at the USA in the foreign media, parallel events in the USA and in other places, items of local concern to foreign lands, and, finally, news in the foreign media deemed interesting in its own right. Sources such as *watchingamerica.com* will be used along with a wide range of press and media from around the world.

**Coordinator: Arthur Pontes.** Arthur retired from teaching at the Sturgis Charter Public School in 2015. He spent 45 years as a teacher and administrator, 25 of which were spent in four schools in Europe and Latin America.

**Great Books** **ALL013**  
 Wednesday 10:30-11:50 C-106  
 12 weeks 11-Sep Limit: 25

This class will reflect on a wide range of ideas and authors such as Plato, Henry James, Thoreau and Chekhov. We will use the Great Books Series called *Great Conversations*, Book 4 which focuses on various themes and uses selections from classic and contemporary works in various genres and disciplines. The book can be purchased online at [greatbooks.org](http://greatbooks.org) or by phone at 800-222-5870 ext 2. Class members will be encouraged to bring their questions and to volunteer to facilitate classes. Newcomers are always welcome.

**Coordinators: Beverly Jacobson and Mary Joyce.** Mary and Bev are professional teachers, lifelong learners, and avid readers who encourage others to bring their questions and share their ideas and insights.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### WEDNESDAY (Continued)

#### The Films of Merchant Ivory

Wednesday 10:30-11:50  
First 6 weeks 11-Sep

**ALL1088**

C-115  
Limit: 25

This course will cover the films created by the team of Ismail Merchant and James Ivory. The first class will discuss *Remains of the Day*. The other films will be assigned on the first day of class. All films are readily available for home viewing. Students will watch these films at home and discuss them in class.

**Coordinator: Stephen R. Pastore.** Stephen has lectured on film and literature extensively in the U.S. and the U.K.

#### Controversial Films

Wednesday 10:30-11:50  
Second 6 weeks 23-Oct

**ALL1089**

C-115  
Limit: 25

This course will cover a new generation of films involving topics formerly off-limits in Hollywood. In the first class we will discuss *Call Me by Your Name* and *A Single Man*. The other films will be assigned on the first day of class. All are readily available for home viewing. Class members will view these films at home prior to class for discussion in class.

**Coordinator: Stephen R. Pastore.** Stephen has lectured on film and literature extensively in the U.S. and the U.K.

#### The Founding Fathers and the Making of the US Constitution

Wednesday 12:00-1:20  
12 weeks 11-Sep

**ALL1095**

C-106  
Limit: 25

Why was a new frame of government created in 1787 to replace the Articles of Confederation? The Articles, drafted during the revolutionary war and implemented in 1781, were a manifestation of the very ideals for which Americans fought The War for Independence: a federal frame of government, limited national government, state sovereignty, low federal taxes, and maximal individual freedom. We will evaluate the roles of the key leaders of the Constitutional Convention, Washington, Hamilton, Madison, and Jay, in an attempt to understand the counter-revolutionary change they brought about. The text is Joseph J. Ellis, *The Quartet: Orchestrating the Second American Revolution*, which includes the text of the Constitution. Please read the Preface and Chapter One for the first class.

**Coordinator: Richard Stewart.** Richard taught history for 43 years at Choate Rosemary Hall in Connecticut. His degrees are a BA in history from Allegheny College, and an MA from Wesleyan University. He has participated in the ALL since 2015.

#### Women in Literature

Wednesday 12:00-1:20  
12 weeks 11-Sep

**ALL479**

C-115  
Limit: 25

This reading and discussion course examines the roles, nature, and relationships of women through fiction, poetry, drama and essays written by women. Each semester we examine a different aspect, theme, social significance, or historical importance of literature written by women. This semester we will focus on the short stories of Pulitzer Prize winner Jhumpa Lahiri and the poetry of Pulitzer Prize winner Sharon Olds. The texts are *Unaccustomed Earth* by Jhumpa Lahiri and *The Wellspring* by Sharon Olds. Both can be purchased very reasonably online at used book sites. Please bring both texts to the first class.

**Coordinator: Elaine Horne.** Elaine is a retired Professor of English and English Department Chair at Manchester Community College in Connecticut. Prior to that, she was an adjunct professor at Central Connecticut State University and Greater Hartford Community College.

#### Such a GOOD Idea!

Wednesday 1:30-2:50  
12 weeks 11-Sep

**ALL1097**

C-106  
Limit: 20

Every day, millions of people think, "There oughta be a better way!" and have flashes of inspiration about how to make something easier to accomplish, faster, more efficient and less expensive. Undoubtedly, you have had such flashes of insight from time to time. Here is an opportunity to liberate the inventor within. In a climate of fun, messing around with ideas and creative problem-solving, ignite your inventor within and bring who knows what really GOOD ideas into fuller expression.

**Coordinator: Nina Greenwald.** Nina is a retired Professor of Critical and Creative Thinking at UMass Boston. She is a specialist in creative thinking and problem solving, problem-based and inquiry-based learning, humor and thinking, and thinking through multiple intelligences.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### WEDNESDAY *(Continued)*

#### **The Life and Works of Fred S. Pearson (1861 to 1915), American Engineer and Builder on Three Continents**

Wednesday 1:30-2:50 C-115  
Second 6 weeks 23-Oct Limit: 25

This class is a general history and an introduction to engineered systems and the technology developed on three continents. Though relatively unknown today, Fred Pearson had achieved superstar status in his lifetime, known especially for developing municipal street railway systems. He died on the Lusitania on May 2, 1915 on his way to a business meeting of Barcelona Traction Light and Power Company. The course will be well illustrated with historical images and postcards.

**Coordinator: Gilmore Cooke.** Gil is a retired professional engineer and consultant to the power, chemical, transportation and other industries.

#### **All About Dreams**

Wednesday 1:30-2:50 C-115  
First 6 weeks 11-Sep Limit: 15

The class will explore through lectures and discussion why we dream. We will look at different types of dreams and theories about the meaning of dreams.

**Coordinator: Linda Koehler.** Linda has taught psychology for thirty years in diverse settings, including Mercy College in NY and Quincy College in MA.

#### **The Complete Financial Management Workshop**

Wednesday 2:00-3:15 North/South Hall  
First 6 weeks 11-Sep Limit: 25

Whether you are retired or planning for retirement, are you financially ready for what could be more than a thirty-year retirement? This workshop focuses on strategies to help you improve your overall financial well-being. It will cover cash management, risk management, investment concepts, tax planning, retirement planning and estate conservation. A complimentary consultation will be offered to all attendees at the end of the course. A comprehensive workbook will also be provided to everyone. Please Note: This course is strictly educational; no products or services will be solicited.

**Coordinators: Michael Garrison and M. Greenleaf Garrison.** Michael, a certified financial planner (CFP), has been helping individuals achieve their financial goals for nearly 35 years. He is the creator of The Financial Freedom Navigator, a holistic approach to investment and wealth management. Greenleaf, a certified financial planner with a master's degree in mental health counseling, provides family-based financial planning services.

#### **Immigration in America**

Wednesday 2:00-3:15 North/South Hall  
First 6 weeks 11-Sep Limit: 25

The course examines the history, politics, and practice of immigration in the US including current legal and administrative practice and policy issues. There will be power point presentations and on-line information given in class.

**Coordinator: Richard Vengroff.** Richard, a professor emeritus at University of Connecticut with over 40 years in higher education as professor and dean, is currently a certified immigration advisor in the CACCI Immigration Resource Center in Falmouth.

#### **Beginning Watercolor**

Wednesday 2:30-5:30 Tilden Arts Ctr. Building  
Second 6 weeks 23-Oct Limit: 10

This class will introduce beginners to drawing and perspective principles needed for a watercolor composition using dry and wet on wet approaches. Following class demonstration, students will work on their own paintings with the guidance of the teacher. The extended period (2:30-5:30) allows time to set up, work, and clean up. Note: The coordinator will send students a list of required materials (estimated cost: 150) prior to the first class. Please notify the office if you do not receive the list by email at least three weeks before the start of the first class. Make sure you have the correct email address on your application.

**Coordinator: Mary Lou Mack.** Mary Lou has concentrated on watercolor since 1981 when she started taking classes at Bay Path College with Jack Flynn, an American Watercolor Society member. Since then she has also taken workshops with many prominent watercolor artists. She has exhibited her work in galleries in one-women and two-women shows, and juried exhibitions.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### WEDNESDAY (Continued)

**The Best of Species, The Worst of Species** ALL1100  
Wednesday 3:00-4:20 C-115  
12 weeks 11-Sep Limit: 25

Humanity is the only species that kills off countless numbers of its own members (at least 73 million of them in WWII alone), to say nothing of entire species of animals (the sixth extinction, going on right now). How can a species which has spawned such evils also have managed to spawn a Mother Teresa or a Dr. Jonas Salk? Using insights from a broad array of fields (evolution, genetics, neurology, cultural studies), we will seek to find the answers to this intriguing question using lecture, discussion, and slides.

**Coordinator: Don Ellicott.** Don is a retired history teacher and has recently been teaching courses at ALL dealing with the human mind and brain.

**Unfinished Symphonies** ALL1106  
Wednesday 3:00-4:20 C-106  
Second 6 weeks 23-Oct Limit: 20

Unfinished masterpieces of classical music have fascinated and frustrated listeners ever since Bach's *The Art of Fugue* and Mozart's *Requiem*. But starting with Schubert, a handful of unfinished symphonies have had a special magic of their own. Part of their appeal comes not only from the extraordinary music they contain but also from the suspicion that the composers had something equally extraordinary in mind for the remainder. The urge to complete such works has repeatedly proved irresistible, and in this mini course we will sample the success of these efforts. The featured symphonies include Schubert's 8th, Bruckner's 9th, Mahler's 10th and Elgar's 3rd, with passing references to Sibelius's 8th and Glazunov's 9th.

**Coordinator: John Temple.** John is a semi-retired business writer, lifelong listener, former classical concert reviewer for *The Boston Globe* and *Providence Journal*. His previous ALL courses have covered Mozart's piano concertos, masterpieces of chamber music, and masterclasses led by great musicians.

**Finding Your Religion**  
Wednesday 3:00-4:20  
First 6 weeks 11-Sep

ALL1110  
C-106  
Limit: 25

This course has two objectives: to provide students with an understanding of the world's faiths and to help them see where their own personal beliefs fit into the overall spectrum. If a class member is in some kind of spiritual search, the sessions will be structured to help clarify where the beliefs one already has fit in. The text for the course, *The World of Faith* by Lawrence Brown, can be made available to students online.

**Coordinator: Lawrence Brown.** Larry has been a teacher at Cape Cod Academy for 33 years and a columnist for the Cape Cod Times for 32. He has published five books, including a text on Hindu theology, and lectured at two Parliaments of the World's Religions.

### THURSDAY

**Introduction to Lightroom**  
Thursday 9:00-10:20  
First 6 weeks 12-Sep

ALL1076  
C-115  
Limit: 12

The digital photo which is left unprocessed is akin to a roll of film left in its canister, undeveloped and unseen. Lightroom is a comprehensive photo cataloging and editing suite that many photographers find indispensable and also use as a gateway to Photoshop. Easy to use and understand, it will take digital photographers to the next level in their photographic skills. We will be giving AV demos in class, and it would be helpful if students would bring laptops/tablets, preferably loaded with Lightroom Classic CC. The class text is: *Contrastly Lightroom Mastery* eBook \$39 ([contrastly.com](http://contrastly.com))

**Coordinators: John Ward and Susan Swartzlander.** John is an experienced film and digital photographer who has been using Lightroom extensively since taking up digital photography five years ago. He is a Master member of Cape Cod Viewfinders Camera Club. A retired professor of English, Sue is a keen photographer and also a Master member of Cape Cod Viewfinders.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### THURSDAY (Continued)

**Prophets of Hope  
in Times of Anger and Suffering** **ALL1083**  
Thursday 9:00-10:20 C-106  
12 weeks 12-Sep Limit: 25

This course reviews the sad history of issues that divide us: racism, sexism, religious prejudice, nationalism, ethnic cleansing, and the greed that often underlies them. It also investigates the ideas and actions of prophets who challenged the hatreds fostered by these issues. The prophets include Erasmus, Rousseau, Arendt, Tocqueville, Mandela and feminists of the early 1900's. DVDs and discussion will be the format of the class.

**Coordinator: David Mulligan.** Dave is a former missionary, Commissioner of Public Health in MA and Associate professor at Stonehill College.

**Let It All Out** **ALL1107**  
Thursday 9:00-10:20 C-115  
Second 6 weeks 24-Oct Limit: 25

Participants will speak, discuss, and/or debate any and all issues in the realm of politics, religion, life on the Cape, taxes, the arts, entertainment, relatives, and all other things over which we have little or no control. Let it all out!

**Coordinator: Stephen Pastore.** A local know it all known for his kind reception to ideas different from his own has offered individual courses on almost all of these topics.

**Everyday Organic Chemistry** **ALL1005**  
Thursday 10:30-11:50 C-115  
First 6 weeks 12-Sep Limit: 25

Organic chemistry gets a bad rap. It is widely believed to be one of the most difficult of the core science subjects, and its adjective has been hijacked by the food industry to mean something quite different. It is simply the chemistry of carbon and is both us and much of the world around us. At the everyday level, organic chemistry is both simple and elegant, simple because it obeys a small number of rules and elegant in its beauty and versatility. This course offers a grand tour of some of the organic compounds, both natural and synthetic, that shape our lives.

**Coordinator: John Ward.** John has a Masters in Chemistry from Oxford and an MBA from Manchester. He has spent most of his career in New York financial services industry and has a lifelong love of chemistry.

**History of the Women's Suffrage  
Movement in the United States** **ALL1092**  
Thursday 10:30-11:50 C-115  
Second 6 weeks 24-Oct Limit: 25

On June 14, 1919, the 19th Amendment to the Constitution was submitted to the states for ratification. On August 18, 1920, the 36th state ratified it, giving American women the right to vote in all elections. The struggle to achieve this and other rights began in the 17th Century. This course will examine the events and individuals involved in those struggles.

**Coordinator: John Kennedy.** John has coordinated numerous history courses at ALL.

**Sports Talk** **ALL276**  
Thursday 10:30-11:50 C-106  
12 weeks 12-Sep Limit: 25

I welcome sports fans of all allegiances to join us for discussion about sports and the teams they love. We look at athletes for their roles both on and off the field of competition. Occasionally we have guests who share some of their unique sports experiences. If you like sports you will love this class.

**Coordinator: Alan Dewar.** Alan is a retired teacher who has lived on Cape Cod for 43 years. He is a lifelong Boston sports fan. As a teacher he loves to get all class members involved in discussion and debates.

**Music at Your Fingertips** **ALL1093**  
Thursday 12:00-1:20 C-115  
Second 6 weeks 24-Oct Limit: 10

This is a course for people who want to learn to read and play music. Musical literacy is our goal. Keyboards are welcome.

**Coordinator: Miriam Kronish.** Miriam has been playing the piano since she was five. She has taught courses in music at Lesley University and is currently an accompanist for a chorus at Heatherwood in Yarmouth.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### THURSDAY (Continued)

#### Deep Focus

Thursday 12:00-1:20

First 6 weeks 12-Sep

**ALL1094**

C-115

Limit: 25

This year we will concentrate on a close reading of several classic films including *Casablanca* and *Citizen Kane*. Detailed scrutiny of scene structure and shot composition can markedly add to one's enjoyment of the film viewing experience, particularly when revisiting your favorite movies. Please watch *Casablanca* and *Citizen Kane* if you haven't 'scene' them recently. Other films will be assigned at the first class .

**Coordinator: Evan Cook.** This is Evan's seventh year of offering film courses at ALL. He also conducts film courses for the Eldredge Library Learning Series in Chatham.

#### The Future of Work, the Future for Workers

Thursday 12:00-1:20

Second 6 weeks 24-Oct

**ALL1101**

C-106

Limit: 25

Rather than examining present debates about work, this class will explore the meaning and future of work for workers. One topic will be explored each week. They include the American dream of success in the face of extreme and growing inequality, the offerings of speculative fiction writers on the topic of work, the impact of AI, the changing meaning of work in people's lives, and models of education for the changing world of work.

**Coordinator: Marilyn Nouri.** Marilyn has taught a variety of social science-based classes for ALL. She is a retired professor of sociology and life course studies at SUNY Oneonta.

#### Being Mortal

Thursday 12:00-1:20

First 6 weeks 12-Sep

**ALL867**

C-106

Limit: 25

This course is based on *Being Mortal*, written by best-selling author, Atul Gawande. Dr.Gawande explores the many facets involved as we face the end of our lives. He writes, "We have been wrong about what our job is in medicine. We think it is to insure health and survival. But really, ...it is to enable well-being". We will use this book

as well as many other sources to inform our conversation about this important topic. The course text is *Being Mortal*, by Atul Gawande, M.D.

**Coordinator: Marilyn Nouri.** Marilyn is retired from the State University of New York in Oneonta where she taught courses in sociology, gerontology, research methods, and health care.

#### Loving the Short Story

Thursday 1:30-2:50

12 weeks 12-Sep

**ALL055**

C-106

Limit: 25

The students will discuss two stories at each session, sharing ideas and perceptions to enhance the understanding of the readings. The text for this course will be *The O'Henry Prize Stories 2018* edited by Laura Furman. Also included will be selected online stories. Please read the introduction, 'The Tomb of Wrestling' by Jo Ann Beard and 'Counterblast' by Marjorie Celona for the first class.

**Coordinators: Sheryl Lajoie and Deb Selkow.** Sheryl has led this class for many years and thoroughly enjoys analyzing the stories and gaining amazing insights from class participants. Deb is a retired English teacher who has spent her life reading, writing and watching stories unfold. A longtime class participant, she loves to share story talk with others; sometimes it teaches her how to be in a complicated world.

#### How Philosophy Can Change Your Life

Thursday 1:30-2:50

12 weeks 12-Sep

**ALL489**

C-115

Limit: 25

This is a reading and discussion class based on the book *How Philosophy Can Save Your Life*, by Marietta McCarty. Each week we will read one of the book's ten chapters, for example, Simplicity, Perspective, Belonging, and Joy, and explore its significance. We will discuss two well-known philosophers in each chapter whose work lends itself to an investigation of that idea. Please read the Welcome section of the text for the first class.

**Coordinator: Claire Briand.** Claire is a retired speech language pathologist with a lifelong interest in philosophy.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### THURSDAY (Continued)

**Reading Fiction Can Be Dangerous** **ALL1098**  
Thursday 3:00-4:20 C-106  
First 6 weeks 12-Sep Limit: 25

This course is about how fact and truth have been distorted by the growth of various forms of non-literal expression (e.g., fiction, reality TV, augmented reality). These forms of altered reality have been justified by their potential educational and entertainment value, but their adverse impact on the communication of fact and truth has been minimized. Consequently, the political and social dialogue essential for maintaining democratic processes have been eroded, making the population vulnerable to the personalization of fact and truth. This course will focus on the relationship between forms of communication and the political process.

**Coordinator: Ivan Barofsky.** Ivan is retired from the Johns Hopkins School of Medicine and has taught at ALL for many years.

**An Exercise in American Civics** **ALL1111**  
Thursday 3:00-4:20 C-106  
Second 6 weeks 24-Oct Limit: 25

In this increasingly cynical age we will confront some of our most divisive issues and work out potential policy resolutions. To do this, we will need to develop some protocols and a democratic methodology that permits debate, respects serious divisions in values and opinions, and fosters a willingness to compromise. Together we will not only offer a model of how resolution can be achieved but also offer language our helpless politicians can use for possible legislation. Handouts and a series of guiding research questions will be available before each class meeting.

**Coordinator: Lawrence Brown.** Larry has been a history teacher at Cape Cod Academy for 33 years and a columnist for the *Cape Cod Times* for 32. He has published five books, including a geography text with Addison Wesley and a book on Hindu theology.

**Massachusetts Criminal Procedure** **ALL801**  
Thursday 3:00-4:20 C-115  
12 weeks 12-Sep Limit: 25

Learn how the state criminal system works. We will refer to news articles about current crimes on Cape Cod to explore how the cases are dealt with in theory. Students should start clipping articles about cases in Massachusetts that they find intriguing.

**Coordinator: Randi Potash.** Randi has been in criminal defense practice since the 1990s and has represented over 4000 clients accused of every crime from murder to traffic violations.

### FRIDAY

**Introduction to Nichiren Buddhism** **ALL866**  
Friday 9:00-10:20 C-115  
First 6 weeks 13-Sep Limit: 20

Through these profound Buddhist teachings of hope, victory and personal discovery, we will delve deeper into our interconnectedness with all life and tap into the enlightened nature we already possess. This is suitable as an introductory class for first-timers and also as a Part 2 of the Introduction to Nichiren Buddhism course taught for the last seven years. *The Buddha in Your Mirror* can be read as a companion piece to the course, but it is not required.

**Coordinators: Susan Whalley and Steve Piontek.**

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for over 40 years. Steve is a retired magazine editor who also has been practicing Nichiren Buddhism for over 40 years.

**Introduction to the iPhone and iPad** **ALL888**  
Friday 9:00-10:20 C-115  
Second 6 weeks 25-Oct Limit: 25

This course covers the basics of iOS 13 or later for the iPhone and iPad for those who are thinking about purchasing one or both of these devices or already have one. Course materials include the free online iOS User Guides from Apple. Various apps will also be demonstrated and displayed via the overhead projector.

**Coordinator: Wayne Hoover.** Wayne was employed by the U.S. Government for 39 years as a computer specialist, mathematician, and supervisory mathematician. After earning a PhD in mathematics at Michigan State University, he taught at George Washington University and also at CCCC.

**15 Challenges of the Future** **ALL999**  
Friday 9:00-10:20 C-106  
Second 6 weeks 25-Oct Limit: 20

This is a course based on the *15 Challenges of the Future*, a product of the global think tank, and The Millennium Project (*themp.org*). The 15 Challenges will include the environment, population growth, global communication and the internet, global economies, science and technology, and global ethics. We will focus on women's issues, global health and population and cultures. The course text is *State of the Future*, version 19.0 available online; however, the free short summary of each challenge will be adequate for the course, available at *themp.org*.

**Coordinator: Tom Murphy.** Tom is a retired physician and radiologist who has taught these challenges for the last 20 years.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### FRIDAY (Continued)

#### Get Your YAYAs Out: **ALL1113** Left Wingers' Ruminations Series

Friday 9:00-10:30 North/South Hall  
Second 6 weeks 25-Oct Limit: 10

Need a place to discuss the state of our country? Get your YAYAs out during this six-week discussion-based gathering where we can share, consider, and ruminate on the current state of affairs and let off a little steam, as needed. We welcome sharing insights, readings, and ideas for creative action. Laughter is encouraged.

**Coordinator: Susan Whalley.** Susan is a retired school counselor. She has been coordinating a course about Nichiren Buddhism for a number of years at ALL.

#### Climate Change and the Sixth Extinction **ALL1114** Friday 9:00-10:30 C-106 First 6 weeks 13-Sep Limit: 20

This course will focus on the theories of Elizabeth Kolbert about the relationship between human beings and the environment. In *The Sixth Extinction* she concludes that human behavior is on the verge of causing mass extinction, which would be the sixth in the history of planet Earth. This extinction, she claims, will be due to rising temperatures, greenhouse gas emissions, ocean acidification and declining amounts of undeveloped land. The course text is Elizabeth Kolbert, *The Sixth Extinction*, 2014. It will be available at the college bookstore.

**Coordinator: Toivo Lamminen Jr..** Toivo holds a BS in Earth Science and an MS in Geology. Over the last 25 years he has been a Licensed Site Professional (LSP) in Massachusetts, preparing cleanup plans, supervising site cleanups and submitting closure reports to MassDEP for releases of oil and hazardous waste.

#### Philosophy and Film **ALL756** Friday 9:00-10:30 & 9:00-12:00 (alternate weeks) North/South Hall 12 weeks 13-Sep Limit: 25

This course is designed to explore some of the great ideas of both Western and Eastern thought by viewing and discussing six classic American films: *Crimes and Misdemeanors*, *The Matrix*, *High Noon*, *Double Indemnity*, *Groundhog Day* and *On the Waterfront*. (One or two of the films may possibly change). No previous knowledge is required, but a love of films and a desire to improve critical thinking about them is. Those classes in which we introduce the topic will be 90 minutes (weeks

1,3,5,7,9,11). Those classes in which we view and discuss the films will be three hours (weeks 2,4,6,8,10,12).

**Coordinator: Tom Gotsill.** Tom taught literature, philosophy, and humanities on the secondary level for 40 years. He has also taught graduate courses in the College of Professional Studies at Northeastern University. He is a writer whose work can be found at [www.tomgotsill.com](http://www.tomgotsill.com).

#### Using Children's Literature **ALL1001** to Teach Science Friday 10:30-11:50 C-106 Second 6 weeks 25-Oct Limit: 20

This six-week course will prepare participants to teach simple science concepts to anyone, especially their children and grandchildren. Pat received the Connecticut Christa McAuliffe Fellowship for her program Using Children's Literature to Teach Science. She created the website which contains 100 books, each linked to a simple, basic science activity. Each week she will cover one aspect of science: physics, chemistry, astronomy, earth science, and life science. The text will come from the free website: [www.intranet.cshgreenwich.org/heartNetchildrensLitAndScience.asp](http://www.intranet.cshgreenwich.org/heartNetchildrensLitAndScience.asp). Participants should bring scissors, tape, glue stick, Elmer's glue, ruler, crayons or colored pencils, and several pennies to class.

**Coordinator: Patricia McKean.** Pat, a classroom science teacher for 44 years, has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a science education consultant and as a peer reviewer for the National Science Teachers Association's journal *Science and Children*.

#### Telling Stories **ALL1030** Friday 10:30-11:50 C-115 12 weeks 13-Sep Limit: 20

This is a class in which you will tell your stories using various forms: short story, memoir, flash fiction and creative non-fiction. The last two are relatively new genres being seen in literary magazines. The stories for this class may be fact or fiction; all have components in common. You will read examples of each and find which genre is best-suited to you. You will write each week, and your material will be read and discussed in class. Please bring paper and pen to class. Read short stories while thinking of taking this class.

**Coordinator: June Calender.** June has written in almost all forms, especially stage plays. Lately she has published poetry, fiction, and creative nonfiction in literary magazines. She has been chair of the Reflections Committee for several years and has taught writing courses with a biographical slant.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### FRIDAY (Continued)

**How Foreign Policy Has Traditionally Been Made** **ALL972**  
Friday 10:30-11:50 C-106  
First 6 weeks 13-Sep Limit: 20

This course will describe ways in which information on international affairs is obtained and developed into US foreign policy. The course consists of lectures, but class participation is encouraged. Suggested readings are *How an Embassy Works* and *America's Other Army*.

**Coordinator: Rosemary O'Neill.** Rosemary spent 37 years with the Department of State and US Foreign Service working as a political analyst and developing foreign policy.

**Food for Thought: Plato at the Table** **ALL1051**  
Friday 12:00-1:20 C-115  
First 6 weeks 13-Sep Limit: 16

This course, inspired by the book *The Philosopher's Kitchen* by Francine Segan, is an historical review of the cuisine of ancient Greece and Rome with philosophical commentary sprinkled in. Participants will receive recipes that have been adapted for the modern cook, which a critic has called 'delectable, timeless, and earthy.' Come join us at the festive philosopher's table for some food for thought.

**Coordinator: Mare Ambrose.** Mare is currently a part-time professor of English and philosophy at two local colleges. This class is a combination of her lifelong passion for philosophy and food.

**She Does Math: The Journey of Women Embracing the Wonders of Mathematical Thinking and Doing** **ALL1086**  
Friday 12:00-1:20 C-106  
First 6 weeks 13-Sep Limit: 25

The beauty of mathematics is everywhere, including in music, art, nature, science and engineering. In this course we will study women who love mathematics, such as Lord Byron's daughter Ada Lovelace, who described her work as 'poetical science', Katherine Johnson and her NASA colleagues (celebrated in the book and film *Hidden Figures*), and Danica McKellar (Winnie in TV's 'The Wonder Years'). We will also discuss the contribution of women in the integration of technology and the arts (STEM/STEAM, Girls Who Code).

**Coordinator: Nancy Weida.** Nancy has degrees in history, mathematics, and operations research. As a multidisciplinary college professor, Nancy shared her love of books, music, sports, and history with her students, and now enjoys creating a wide variety of ALL courses.

**The Women Who Broke All the Rules** **ALL1087**  
Friday 12:00-1:20 C-106  
Second 6 weeks 25-Oct Limit: 25

We will read, discuss, and study the historical context of *The Women Who Broke All the Rules: How Choices of a Generation Changed Our Lives* by Susan Evans and Joan Avis. This 1999 book looks at the journeys of female baby boomers who came of age just as societal expectations, laws, and norms were rapidly changing. How did these changes affect our choices and journeys? What about those subsequent generations of women and men?

**Coordinator: Nancy Weida.** Nancy has degrees in history, mathematics, and operations research. As a multidisciplinary college professor, Nancy shared her love of books, music, sports, and history with her students and now enjoys creating a wide variety of ALL courses.

**The Doc is IN** **ALL433**  
Friday 1:00-4:00 Multimedia Ctr. in Wilkens Library  
Second 6 weeks 11-Oct Limit: 30

**PLEASE NOTE:** This course will count as a six-week class, but it will meet for eight weeks from 10/11. These are not your mother's documentaries. Today's docs inspire, educate, elucidate and entertain. They have become so popular that there are entire film festivals devoted to them, and they are the intellectual darlings of Sundance. We screen docs on subjects as diverse as the arts, environment, science and politics and from the whimsical to the sobering.

**Coordinator: Lili Seely.** Lili discovered Fellini and other legendary foreign film directors in her teens and has been in pursuit of excellence in cinema ever since. She has worked for, or volunteered at, many film festivals and art cinemas and is passionate about film as an artistic medium.

**Bridge for Beginners** **ALL910**  
Friday 1:30-2:50 C-115  
12 weeks 13-Sep Limit: 25

This course is open to all who would like to learn about the card game bridge. No experience is required. All students receive a *Bridge Handbook for Beginners* written by the coordinator.

**Coordinator: Christopher Senie.** Christopher has developed a love for the game of bridge and a passion for teaching the game to others.

## CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

### FRIDAY (Continued)

#### Intermediate Bridge

Friday 1:30-4:00

12 weeks 13-Sep

**ALL965**

C-106

Limit: 25

This is an intermediate bridge class that includes lessons on bidding and the play of the hand. It will also include a series of short duplicate games with match-point scoring.

**Coordinator: Christopher Senie.** Christopher has developed a love for the game of bridge and a passion for teaching the game to others.

#### Basics of Estate Planning

Friday 3:00-4:20

Second 6 weeks 25-Oct

**ALL878**

C-115

Limit: 25

This updated course covers the basics of estate planning: advance care directives, power of attorney, health care proxy, wills and trusts, administration of estates, estate taxation and Mass Health/Medicaid and nursing home decisions.

**Coordinator: Arthur Crooks.** Arthur is an estate planning and elder law attorney with over 30 years in practice. He serves as Chairman of the Dennis Council on Aging. Arthur has taught this course at ALL for over ten years.

## CAPE COD COMMUNITY COLLEGE DOWNTOWN HYANNIS CAMPUS

### MONDAY

#### Art since *The Death of Marat*

Monday 10:30-11:50

12 weeks 9-Sep

Downtown Campus, Hyannis

**ALL1112**

Limit: 25

*The Death of Marat* painted by Jacques Louis David is perhaps an early expression of modern art. Since then many other brilliant paintings have been created. The origins and development of artistic trends from Impressionism, Fauvism, Symbolism, Dada, Op, Pop and many others, some in the mainstream, some not, will be discussed together with examples of music, sculpture, architecture and writing that accompanied them. The presentations will be lavishly illustrated. Class members will be encouraged to show their favorite paintings.

**Coordinator: Raymond Partridge.** Ray has been a lover of the arts since his teens and welcomes the opportunity to show what he likes (and some things that he does not like).

### THURSDAY

#### Writing Incubator

Thursday 3:30-5:00

12 weeks 12-Sep

Downtown Campus, Hyannis

**ALL780**

Limit: 16

In the literary world an incubator is a group of like minded people who provide space and time while offering mentoring to accomplish writing goals. This class encourages the formation and development of new ideas and stories in a relaxed atmosphere. We welcome all genres of writing.

**Coordinators: Nancy Viall Shoemaker and Wade Sayer.** Nancy is a printer, graphic designer, publisher, photographer, and local historian. Wade's masterful

writing runs from children's books to gritty and powerful chronicles of the Vietnam War.

## BRIDGEWATER STATE UNIVERSITY SOUTH YARMOUTH CAMPUS

### TUESDAY

#### The Forgotten Presidents

Tuesday 9:00-10:20

12 weeks 10-Sep

Bridgewater SU, S. Yarmouth

**ALL1063**

Limit: 25

This course will focus on those men who have served as president of the United States that history has forgotten. Each week we will focus on a different president, men like Millard Filmore, Martin Van Buren, William Howard Taft, Franklin Pierce, Chester Arthur, Grover Cleveland, John Tyler and others. We will look at their lives before the presidency, their campaigns and elections, their foreign and domestic policies, and their legacies.

**Coordinator: Lew Taylor.** Lew is a retired public librarian and has both a BA and MA in American History. Lew has taught many courses at ALL and is the owner of I Cannot Live Without Books in West Dennis.

## BRIDGEWATER STATE UNIVERSITY SOUTH YARMOUTH CAMPUS

### TUESDAY (Continued)

#### **New England in the American Revolution ALL1074**

Tuesday 10:30-11:50 Bridgewater SU, S. Yarmouth  
Second 6 weeks 22-Oct Limit: 25

This course will explore aspects of the American Revolution as they pertain to New England specifically. Lectures will explore why the American Revolution began in Boston and environs, for example, the Boston Massacre and the Tea Party, Lexington & Concord, and Bunker Hill. We will also discuss places like Cape Cod and people such as John & Abigail Adams. No readings are required; however, a select bibliography will be distributed for each class.

**Coordinator: Jim Sefcik.** Jim has taught courses on the American Revolution in ALL programs at CCC and in New York. He taught in the Open University of Wellfleet as well as at the college level in Pennsylvania and New Orleans, Louisiana.

#### **The Myth and Madness of the Master Race and the Insanity of War ALL1078**

Tuesday 10:30-11:50 Bridgewater SU, S. Yarmouth  
First 6 weeks 10-Sep Limit: 25

The concept of a master race is by definition suspect. As developed by Hitler's Germany it was disastrous. This course will look closely at the madness of this concept and the chaos it produced. We will also review what artists have thought of this race-based war and its insanity. We will try to answer the question of what the relatives of Nazi war criminals thought of the horrors they created.

**Coordinator: Jim Perry.** Jim has taught history courses to kids and adults for 30 years.

#### **Six Negotiations that Shaped the 20th Century ALL1008**

Tuesday 12:00-1:20 Bridgewater SU, S. Yarmouth  
Second 6 weeks 22-Oct Limit: 25

This course will examine the historical context, actions of the participants, and global consequences of six transformative 20th century negotiations. (1) WWI Peace Conference, 1919 (2) Munich Accord, 1938, (3) US-Japan Pre-Pearl Harbor diplomacy, 1941, (4) Cuban Missile

Crisis, 1962, (5) Vietnam War negotiations, 1969-73, and (6) the Egyptian-Israeli Camp David Accord, 1978. Besides their historical significance, the six cases provide examples of different types of diplomacy: multilateral negotiation, appeasement vs. deterrence, cross-cultural communication, bargaining in a nuclear crisis, inter-ally diplomacy, and mediation.

**Coordinator: Russell Leng.** Russell is Jermain Professor Emeritus, political science, at Middlebury College. This is Russ's fourth year as a coordinator at ALL.

#### **The Meaning of Human Existence ALL1079**

Tuesday 12:00-1:20 Bridgewater SU, S. Yarmouth  
First 6 weeks 10-Sep Limit: 25

Based on the book by that name by E.O. Wilson this is a discussion course about the meaning of our lives. The course text is *The Meaning of Human Existence*. Please read the chapter, *Why Are You Important?* for the first class.

**Coordinator: Barbara Leedom.** Barbara has coordinated many courses about who we are, why we are, and what we are all about – and why.

#### **Beadweaving: Beyond the Basics ALL932**

Tuesday 1:30-2:50 Bridgewater SU, S. Yarmouth  
First 6 weeks 10-Sep Limit: 8

Take your basic skills a step further. We will explore many variations and combinations of Peyote and Herringbone, including shapes. There will be weekly presentations followed by personalized instruction with lots of interaction among students. Students will also be expected to work outside the classroom.

**Coordinator: Kathleen Taylor.** Kathleen is a lifelong artisan with degrees in art and education. She currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

## BRIDGEWATER STATE UNIVERSITY SOUTH YARMOUTH CAMPUS

### TUESDAY (Continued)

**Kumihimo: Beginner Class** **ALL1084**  
 Tuesday 3:00-4:20 Bridgewater SU, S. Yarmouth  
 First 6 weeks 10-Sep Limit:10

Kumihimo is a traditional Japanese braiding technique dating back to the time of the Samurai, updated to create beaded braids for many contemporary jewelry items. Working with a foam disc, you will find Kumihimo a relatively simple skill to master. It does not require any previous beading experience. A beginner's kit will be available for purchase at the first class.

**Coordinator: Kathleen Taylor.** Kathleen is a lifelong artisan with degrees in art and education. She currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

**Beaded Christmas: Ornaments and Jewelry** **ALL1085**  
 Tuesday 3:00-4:20 Bridgewater SU, S. Yarmouth  
 Second 6 weeks 22-Oct Limit: 10

Create keepsake or gift giving items using seed beads and traditional Peyote stitches. Students must have a working knowledge of Peyote stitch and be comfortable using 11-O round and Delica beads. This course is for intermediate or advanced beaders.

**Coordinator: Kathleen Taylor.** Kathleen is a lifelong artisan with degrees in art and education. She currently owns Not Just Beads, a bead and fiber shop in West Dennis, and is a member of the Bead Society of Cape Cod.

## MASHPEE SENIOR CENTER MASHPEE

### TUESDAY

**Current Events** **ALL431**  
 Tuesday 10:45-12:15 Mashpee Senior Center  
 12 weeks 10-Sep Limit: 15

Class will discuss current events locally, statewide, nationwide, and worldwide. Be prepared to share your thoughts and opinions.

**Coordinators: Robert Calzini and Dean Troxell.** Bob has been with ALL for over 10 years. He has taught and or been an administrator in Natick, Mashpee and in Europe. Dean has been with ALL for many years and has coordinated this class for two years. He is a Navy veteran and a former businessman.

### WEDNESDAY

**The Sports Huddle** **ALL368**  
 Wednesday 10:45-12:15 Mashpee Senior Center  
 12 weeks 11-Sep Limit: 25

The class will discuss sports-related subjects from high school through professional levels. Our focus will be on the Boston area and Cape Cod, but discussion will also extend to national and international sports. Students are encouraged to share their knowledge of and their opinions on the topics.

**Coordinators: Larry Weishaus and Irwin Rubin.**

Larry brings a NY Metro slant to sports. He is a NYU graduate who played for the Old Washington Senators. He is a longtime fan of Major League Baseball and plays many sports. Irwin is a lifelong Boston sports fan. He brings a vast knowledge of sports history and trivia to all discussions. He is a graduate of Arizona State University where he played football.

### THURSDAY

**I Love the French Riviera (or the Cote d'Azur)** **ALL1077**  
 Thursday 10:45-12:15 Mashpee Senior Center  
 Second 6 weeks 24-Oct Limit: 20

We will discuss a different French Riviera town each week with some history, personal photos and stories. We will recommend readings about and artists pertinent to each town and also introduce each town's special attributes and artisans.

**Coordinator: Constance Sable.** Constance currently works as a tour guide on Cape Cod, in Plymouth, and in Boston. She has travelled to France several times and organized a group trip to this region in 2016.

## Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Monday	9:00-10:20	12 weeks	9-Sep	ALL1099	The Agency: A History of the CIA	C-106	Paula Stefani
Monday	9:00-10:20	First 6 weeks	9-Sep	ALL1080	Mozart's da Ponte Operas	C-115	Steve Piontek
Monday	9:00-10:20	Second 6 weeks	28-Oct	ALL1081	Wagner's Ring Cycle	C-115	Steve Piontek
Monday	10:30-11:50	12 weeks	9-Sep	ALL1090	The Third Reich	C-106	Stephen R. Pastore
Monday	10:30-11:50	12 weeks	9-Sep	ALL1112	Art since <i>The Death of Marat</i>	Downtown Campus, Hyannis	Raymond Partridge
Monday	10:30-11:50	12 weeks	9-Sep	ALL1116	History of the Crusades	C-115	Ed Foster
Monday	12:00-1:20	12 weeks	9-Sep	ALL1019	How to Read a Movie Visually	C-115	Joseph Gonzalez
Monday	12:00-1:20	12 weeks	9-Sep	ALL1037	The Beatles: A Magical Musical Tour	C-106	Lew Taylor
Monday	1:30-2:50	12 weeks	9-Sep	ALL1115	Popular Music of the 60s	C-106	Lew Taylor
Monday	1:30-2:50	First 6 weeks	9-Sep	ALL1091	Fascinating Facts About Famous Americans	C-115	Dean Troxell and John Kennedy
Monday	1:30-2:50	Second 6 weeks	28-Oct	ALL1082	Native American Actors	C-115	Frank Cuphone
Monday	2:00-3:15	12 weeks	9-Sep	ALL1020	Basic Conversational Spanish	North/South Hall	Joseph Gonzalez
Monday	3:00-4:20	12 weeks	9-Sep	ALL982	Beginners American Mahjong	C-115	Sharon Lewy
Monday	3:00-4:20	First 6 weeks	9-Sep	ALL1104	Beyond Red or White: The Battle of the Wines	C-106	Ron Fernandes
Tuesday	9:00-10:20	12 weeks	10-Sep	ALL1061	Art: Darkness to Light	C-115	Christine Johnston and David Johnston
Tuesday	9:00-10:20	12 weeks	10-Sep	ALL1063	The Forgotten Presidents	Bridgewater SUJ, S. Yarmouth	Lew Taylor
Tuesday	9:00-10:20	First 6 weeks	10-Sep	ALL1047	Putin's Game Plan	C-106	Stew Goodwin
Tuesday	9:00-10:20	Second 6 weeks	22-Oct	ALL1048	The Middle East after ISIS	C-106	Stew Goodwin
Tuesday	10:30-11:50	12 weeks	10-Sep	ALL1071	The Great American Songbook	C-115	Gina Poole
Tuesday	10:30-11:50	12 weeks	10-Sep	ALL504	Franklin and Eleanor Roosevelt	C-106	Richard Kornblum
Tuesday	10:30-11:50	First 6 weeks	10-Sep	ALL1078	The Myth and Madness of the Master Race and the Insanity of War	Bridgewater SUJ, S. Yarmouth	Jim Perry
Tuesday	10:30-11:50	Second 6 weeks	22-Oct	ALL1074	New England in the American Revolution	Bridgewater SUJ, S. Yarmouth	Jim Sefcik

**Course Schedule (continued)**

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Tuesday	10:45-12:15	12 weeks	10-Sep	ALL431	Current Events	Mashpee Senior Center	Robert Calzini and Dean Troxell
Tuesday	12:00-1:20	First 6 weeks	10-Sep	ALL1022	The Science Fiction of H. G. Wells	C-115	Richard Slapsys
Tuesday	12:00-1:20	First 6 weeks	10-Sep	ALL1079	The Meaning of Human Existence	Bridgewater SU, S. Yarmouth	Barbara Leedom
Tuesday	12:00-1:20	First 6 weeks	10-Sep	ALL1105	Origami for December Holidays	C-106	Andrea Plate
Tuesday	12:00-1:20	Second 6 weeks	22-Oct	ALL1008	Six Negotiations that Shaped the 20th Century	Bridgewater SU, S. Yarmouth	Russell Leng
Tuesday	12:00-1:20	Second 6 weeks	22-Oct	ALL1065	Building Better Relationships	C-106	Marianne Triplette
Tuesday	12:00-1:20	Second 6 weeks	22-Oct	ALL1109	The Art of Discernment in the Second Half of Life	C-115	Frank Noonan
Tuesday	1:30-2:50	12 weeks	10-Sep	ALL029	Conversational French	C-106	Lore De Bower
Tuesday	1:30-2:50	First 6 weeks	10-Sep	ALL932	Beadweaving: Beyond the Basics	Bridgewater SU, S. Yarmouth	Kathleen Taylor
Tuesday	1:30-4:00	12 weeks	10-Sep	ALL077	So You Want to Be a Poet	C-115	Victoria Branagan and Diane Hanna
Tuesday	3:00-4:20	First 6 weeks	10-Sep	ALL1084	Kumihimo: Beginner Class	Bridgewater SU, S. Yarmouth	Kathleen Taylor
Tuesday	3:00-4:20	First 6 weeks	10-Sep	ALL1096	Film Noir: Hollywood Classics from The 40s and 50s	C-106	Richard Slapsys
Tuesday	3:00-4:20	Second 6 weeks	22-Oct	ALL1085	Beaded Christmas: Ornaments and Jewelry	Bridgewater SU, S. Yarmouth	Kathleen Taylor
Wednesday	9:00-10:20	12 weeks	11-Sep	ALL948	News and the World Outside of the USA	C-115	Arthur Pontes
Wednesday	9:00-10:20	First 6 weeks	11-Sep	ALL1075	What Can Hospice Do for You?	C-106	Kathy Creedon
Wednesday	9:00-10:20	Second 6 weeks	23-Oct	ALL1102	Trump, Nationalism, and the World	C-106	Paul Arnold and Jim Connolly
Wednesday	10:30-11:50	12 weeks	11-Sep	ALL013	Great Books	C-106	Beverly Jacobson and Mary Joyce
Wednesday	10:30-11:50	First 6 weeks	11-Sep	ALL1088	The Films of Merchant Ivory	C-115	Stephen R. Pastore
Wednesday	10:30-11:50	Second 6 weeks	23-Oct	ALL1089	Controversial Films	C-115	Stephen R. Pastore
Wednesday	10:45-12:15	12 weeks	11-Sep	ALL368	The Sports Huddle	Mashpee Senior Center	Larry Weishaus and Irwin Rubin
Wednesday	12:00-1:20	12 weeks	11-Sep	ALL1095	The Founding Fathers and the Making of the US Constitution	C-106	Richard Stewart

**Course Schedule (continued)**

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Wednesday	12:00-1:20	12 weeks	11-Sep	ALL479	Women in Literature	C-115	Elaine Horne
Wednesday	1:30-2:50	12 weeks	11-Sep	ALL1097	Such a GOOD Idea!	C-106	Nina Greenwald
Wednesday	1:30-2:50	First 6 weeks	11-Sep	ALL636	All about Dreams	C-115	Linda Koehler
Wednesday	1:30-2:50	Second 6 weeks	23-Oct	ALL1103	The Life and Works of Fred S. Pearson (1861 to 1915), American Engineer and Builder on Three Continents	C-115	Gilmore Cooke
Wednesday	2:00-3:15	First 6 weeks	11-Sep	ALL1064	The Complete Financial Management Workshop	North/South Hall	Michael Garrison and M. Greenleaf Garrison
Wednesday	2:00-3:15	First 6 weeks	11-Sep	ALL1108	Immigration in America	North/South Hall	Richard Vengroff
Wednesday	2:30-5:30	Second 6 weeks	23-Oct	ALL711	Beginning Watercolor	Tilden Arts Ctr. Building	Mary Lou Mack
Wednesday	3:00-4:20	12 weeks	11-Sep	ALL1100	The Best of Species, The Worst of Species	C-115	Don Ellcott
Wednesday	3:00-4:20	First 6 weeks	11-Sep	ALL1110	Finding Your Religion	C-106	Lawrence Brown
Wednesday	3:00-4:20	Second 6 weeks	23-Oct	ALL1106	Unfinished Symphonies	C-106	John Temple
Thursday	9:00-10:20	12 weeks	12-Sep	ALL1083	Prophets of Hope in Times of Anger and Suffering	C-106	David Mulligan
Thursday	9:00-10:20	First 6 weeks	12-Sep	ALL1076	Introduction to Lightroom	C-115	John Ward and Susan Swartzlander
Thursday	9:00-10:20	Second 6 weeks	24-Oct	ALL1107	Let It All Out	C-115	Stephen Pastore
Thursday	10:30-11:50	12 weeks	12-Sep	ALL276	Sports Talk	C-106	Alan Dewar
Thursday	10:30-11:50	First 6 weeks	12-Sep	ALL1005	Everyday Organic Chemistry	C-115	John Ward
Thursday	10:30-11:50	Second 6 weeks	24-Oct	ALL1092	History of the Women's Suffrage Movement in the United States	C-115	John Kennedy
Thursday	10:45-12:15	Second 6 weeks	24-Oct	ALL1077	I Love the French Riviera (or the Cote d'Azur)	Mashpee Senior Center	Constance Sable
Thursday	12:00-1:20	First 6 weeks	12-Sep	ALL1094	Deep Focus	C-115	Evan Cook
Thursday	12:00-1:20	First 6 weeks	12-Sep	ALL867	Being Mortal	C-106	Marilyn Nouri
Thursday	12:00-1:20	Second 6 weeks	24-Oct	ALL1093	Music at Your Fingertips	C-115	Miriam Kronish
Thursday	12:00-1:20	Second 6 weeks	24-Oct	ALL1101	The Future of Work, the Future for Workers	C-106	Marilyn Nouri

**Course Schedule (continued)**

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Thursday	1:30-2:50	12 weeks	12-Sep	ALL055	Loving the Short Story	C-106	Sheryl Lajoie and Deb Selkow
Thursday	1:30-2:50	12 weeks	12-Sep	ALL489	How Philosophy Can Change Your Life	C-115	Claire Briand
Thursday	3:00-4:20	12 weeks	12-Sep	ALL801	Massachusetts Criminal Procedure	C-115	Randi Potash
Thursday	3:00-4:20	First 6 weeks	12-Sep	ALL1098	Reading Fiction Can Be Dangerous	C-106	Ivan Barofsky
Thursday	3:00-4:20	Second 6 weeks	24-Oct	ALL1111	An Exercise in American Civics	C-106	Lawrence Brown
Thursday	3:30-5:00	12 weeks	12-Sep	ALL780	Writing Incubator	Downtown Campus, Hyannis	Nancy Viall Shoemaker and Wade Sayer
Friday	9:00-10:20	First 6 weeks	13-Sep	ALL866	Introduction to Nichiren Buddhism	C-115	Susan Whalley and Steve Piontek
Friday	9:00-10:20	Second 6 weeks	25-Oct	ALL888	Introduction to the iPhone and iPad	C-115	Wayne Hoover
Friday	9:00-10:20	Second 6 weeks	25-Oct	ALL999	15 Challenges of the Future	C-106	Tom Murphy
Friday	9:00-10:30 & 9:00-12:00 (alternate weeks)	12 weeks	13-Sep	ALL756	Philosophy and Film	North/South Hall	Tom Gotsill
Friday	9:00-10:30	First 6 weeks	13-Sep	ALL1114	Climate Change and the Sixth Extinction	C-106	Toivo Lamminen Jr.
Friday	9:00-10:30	Second 6 weeks	25-Oct	ALL1113	Get Your YAYAs Out. Left Wingers Ruminations Series	North/South Hall	Susan Whalley
Friday	10:30-11:50	12 weeks	13-Sep	ALL1030	Telling Stories	C-115	June Calender
Friday	10:30-11:50	First 6 weeks	13-Sep	ALL972	How Foreign Policy Has Traditionally Been Made	C-106	Rosemary O'Neill
Friday	10:30-11:50	Second 6 weeks	25-Oct	ALL1001	Using Children's Literature to Teach Science	C-106	Patricia McKean
Friday	12:00-1:20	First 6 weeks	13-Sep	ALL1051	Food for Thought: Plato at the Table	C-115	Mare Ambrose
Friday	12:00-1:20	First 6 weeks	13-Sep	ALL1086	She Does Math: The Journey of Women Embracing the Wonders of Mathematical Thinking and Doing	C-106	Nancy Weida
Friday	12:00-1:20	Second 6 weeks	25-Oct	ALL1087	The Women Who Broke All the Rules	C-106	Nancy Weida
Friday	1:00-4:00	Second 6 weeks	11-Oct	ALL433	The Doc is IN	Multimedia Ctr. in Wilkens Library	Lili Seely
Friday	1:30-2:50	12 weeks	13-Sep	ALL910	Bridge for Beginners	C-115	Christopher Senie
Friday	1:30-4:00	12 weeks	13-Sep	ALL965	Intermediate Bridge	C-106	Christopher Senie
Friday	3:00-4:20	Second 6 weeks	25-Oct	ALL878	Basics of Estate Planning	C-115	Arthur Crooks











**Board of Directors 2019-2020**

Judith Roettig	President, and Chair of Finance	2020
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**Academy for Lifelong Learning Cape Cod, Inc.**

Cape Cod Community College  
 2240 Iyannough Road • West Barnstable, MA 02668-1599  
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