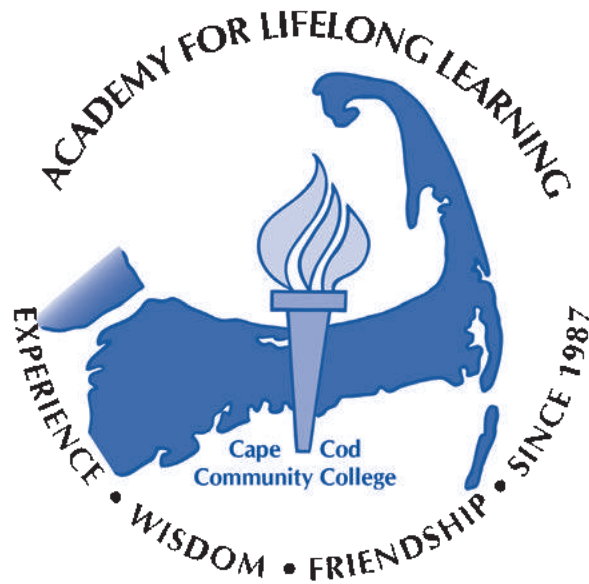


Fall 2018
**Course
Catalog**
Volume 17 Number 2

ACADEMY FOR LIFELONG LEARNING

of Cape Cod, Inc.



Academy for Lifelong Learning
Cape Cod Community College

2240 Iyannough Road
West Barnstable, MA
02668-1599

774-330-4400 or
508-362-2131 x4400
www.capecodall.org

Learn
something new,
Connect
with others,
Volunteer
and make new friends.

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ACADEMIC CALENDAR FOR FALL 2018

Registration begins	Monday, August 20 at 9 a.m.
New Member Orientation	Wednesday, September 5 at 10 a.m.
Coordinators' Luncheon	Wednesday, September 5 at noon
Classes begin	Monday, September 10
First six-week classes end	Monday, October 22
Second six-week classes begin	Tuesday, October 23
Classes end	Monday, December 10

Holidays – no classes

Columbus Day	Monday, October 8
Veterans Day (observed)	Monday, November 12
Thanksgiving Break	Tuesday-Friday, November 20-23

ACADEMIC CALENDAR FOR SPRING 2019

Registration begins	Monday, January 7 at 9 a.m.
New Member Orientation	Thursday, January 24 at 10 a.m.
Coordinators' Luncheon	Thursday, January 24 at noon
Classes begin	Monday, January 28
First six-week classes end	Monday, March 11
Second six-week classes begin	Monday, March 18
Classes end	Monday, April 29

Holidays – no classes

Presidents' Day	Monday, February 18
Spring Recess	Tuesday-Friday, March 12-15
Patriots' Day	Monday, April 15

See individual course descriptions for specific dates and times.

A Message From Our President

We at the Academy for Lifelong Learning are very pleased to be able to offer you a wide variety of interesting and fun courses in this Fall 2018 catalog. We strive to provide a stimulating array of offerings to appeal to the diverse interests of our members, within a culture of respect for new and different ideas. Enthusiastic and knowledgeable volunteer coordinators lead these courses. You can keep up with current events, explore opportunities for personal growth, or stimulate your brain by exploring new topics of interest, all in the company of congenial and engaged classmates. In addition, we have a variety of opportunities for socializing with fellow members.

After retiring five years ago, I moved from Chicago to the Cape to be with family. A relative suggested the Academy of Lifelong Learning might be a good opportunity not just to learn but a place to meet new friends and give back to the larger community. I started taking classes in 2014, joined several committees and became a member of the Board. I have met a great many smart and interesting people who welcomed me to the lifelong learning community. Whether a returning member or new member every semester you're assured of learning something new in a vibrant community of your peers.

We very much appreciate the time and efforts of A.L.L.'s course coordinators and Curriculum Committee members who work throughout the year to bring worthwhile courses to our members.

Judy Roettig
President

From the Curriculum Committee

Welcome to the fall semester of 2018. Your Curriculum Committee is pleased to present a wide variety of courses – from contemporary issues to historical events, from film, music, drama to law and government. Half of the courses in this catalog are new. The richness of our program reflects the talents and skills of our coordinators. We encourage those of you with an inclination to share an interest with our community to consider offering a course in the spring 2019 semester.

Registration opens on Monday, August 20 at 9:00 a.m. and classes begin on Monday, September 10, 2018. If you are enrolled in a class and cannot attend, please notify the A.L.L. office at 774-330-4400, so the coordinator can contact a person on the waiting list to take your place.

We appreciate your suggestions and look forward to learning together.

Miriam Kronish
Chair

A.L.L. Curriculum Committee

Mike Baker, Miriam Kronish, Dick Stewart, Henry Tamzarian, Lew Taylor, Nancy Yee

The A.L.L. office will open at 9 a.m. on Monday, August 20, 2018. To ensure a fair assignment of classes, A.L.L. uses a random selection process. All A.L.L. members whose completed registration forms with payment are received by Monday, August 20, 2018 will have an equal chance of getting their course choices. No preference will be given to early postmarks or delivery dates. We strongly encourage you to submit your form by mail. Forms received after August 20 will be processed when received but not before all prior course assignments are completed. Please be sure to include alternate choices in case your class choices are filled.

WELCOME TO A.L.L.

Overview

The Academy for Lifelong Learning of Cape Cod, Inc. ("A.L.L.") was established in 1987 as part of the Center for Successful Aging at Cape Cod Community College. In 1990, A.L.L. was "spun off" from the college and became an independent self-governing entity. In 2001 we obtained 501(c)(3) status from the IRS. Throughout our history, A.L.L. has maintained a close and mutually beneficial relationship with the college.

A.L.L. is an organization of men and women age 50 and over that offers its members the opportunity to pursue educational interests and to expand social relationships. Volunteerism is critical to A.L.L.'s ongoing success. Members are encouraged to become class coordinators, participate on committees, work on administrative activities, or just participate in any of A.L.L.'s activities and functions.

The opportunity for social interaction is an important aspect of A.L.L. In addition to classes, the academy offers social activities and special events such as lectures and trips to theater productions and museums in the area throughout the year.

A.L.L. offers primarily academic courses in addition to several creative and "how-to" courses. Classes vary from semester to semester. The academic offerings may include courses in literature, history, philosophy, the social sciences, religion, and art appreciation and interpretation. The creative and "how-to" courses may include topics such as gardening, painting, and various other skills of interest to our membership.

Members of A.L.L. present the courses and are known as "coordinators." These volunteers bring their personal passions, avocations, and/or their teaching experience to our classes. Some courses are traditional in structure, where coordinators have the role of teacher, while other coordinators prefer a discussion structure and act as facilitators. There are two semesters or sessions per calendar year – fall and spring. Courses offerings are generally on either a six-week or a 12-week basis. A.L.L. courses are not for academic credit with the College or elsewhere.

Note: The views and opinions expressed in classrooms are strictly those of our coordinators and their guest speakers and, on occasion, can be controversial.

New Members:

Welcome! By indicating your status on the registration form, you will receive an invitation to A.L.L.'s New Member Orientation. This is an opportunity to meet the Board and other new members plus get a tour of the campus. Be sure to save the date, Wednesday, September 5, 2018 at 10 a.m. for this event.

Board of Directors

A.L.L.'s board of directors manages the business affairs and the day-to-day operation of the corporation. The board of directors has no fewer than six and no more than 15 members at any time, and each member is elected by the membership for a three-year term. Directors serve without compensation for their services and most are chairs of active committees or officers of the corporation. The current board consists of 12 members, with about one-third elected or appointed each year. The board list for this year can be found at the back of this catalog.

Committees

A.L.L. standing committees are responsible for the day-to-day operations, both social and educational. Most of the real work ensuring the smooth running of A.L.L. takes place through the activities of these volunteer committees, summarized below:

Curriculum: Recruits coordinators, develops class schedules, and publishes the catalog.

Nominating: Identifies and solicits candidates for the board of directors.

Long-Range Planning: Addresses the future needs of the Academy.
Special Events: Plans and organizes outside events throughout both sessions.
Policies and Procedures: Maintains policies and procedures in accordance with A.L.L. bylaws.
Hospitality: Plans and organizes social events for the membership.
Finance: Oversees the financial aspects of A.L.L., working with the treasurer.
Communications: Promotes A.L.L. events and programs.

The board of directors also establishes ad hoc committees, as needed, for specific tasks and projects.

Course Selection

For your planning purposes, a consolidated list of courses arranged by day and time appears after the course descriptions in this catalog. Please complete the course selection area of the registration form using each course number, name, day and time.

For some courses, supplemental information describing class content may be found on our website www.capecodall.org.

Registration

Registration forms may be mailed or hand-delivered to the A.L.L. office located on the mezzanine level of the Grossman Commons Building adjacent to Rooms C-106 and C-115. Registration processing begins Monday, August 20, 2018. Be sure to include a check, made out to A.L.L. Unfortunately, A.L.L. cannot accept credit cards and debit cards. Any incomplete component may delay the processing of the registration form. Please make a copy of the completed registration form for your records. Once a registration has been processed, you will receive a schedule confirmation in the mail. We will attempt to contact you by telephone if none of your selected courses or alternate courses are available.

Note: Complete and accurate contact information is very helpful if questions come up about your registration form and would be important in the event of an emergency.

The A.L.L. office will open at 9 a.m. on Monday, August 20. To ensure a fair assignment of classes, A.L.L. uses a random selection process. All A.L.L. members whose completed registration forms are received by Monday, August 20, with payment will have an equal chance of getting their course choices. No preference will be given to early postmarks or delivery dates. We encourage you to submit your form by mail. Forms received after August 20 will be processed when received but not before all prior course assignments are completed. **Please be sure to include alternate choices in case your class choices are filled.**

Because of space limitations and coordinator requests, class size varies. It is important to list alternatives in the event that first choice classes are filled. If no alternatives are listed, it will be assumed that none are desired and your fee payment will be refunded after the class registration process is completed.

A member can select up to four 6-week classes per semester, or two 12-week classes, or one 12-week and two 6-week classes. After the first week of each semester, a paid member may enroll in additional courses if space is available and with approval from the coordinator. During the first week of classes, a list of courses with seats available will be posted in the A.L.L. office. Refunds of membership fees are available only through the first week of class except in hardship cases.

Membership Fees

The membership fee, currently \$105 per person, is paid for each semester in which a member chooses to take courses. The fee covers membership in A.L.L., including any combination of courses as described above plus other educational and social activities (though some events may involve an additional charge). Having been enrolled once – and even though no further fees are paid – a member remains on our records for another year and will continue to receive communications.

In keeping with the purpose of A.L.L., there may be circumstances where A.L.L. grants free membership to applicants in need. Application for this assistance is made via a letter to the president of A.L.L. and all such information is kept strictly confidential.

Classes with low enrollments may be canceled outright, in which case registered attendees will be notified. Those who registered for these courses may enroll in other courses based on space available or receive a tuition refund. Refunds are issued after the class registration process is completed.

Withdrawals

If after receiving your course confirmation you find you are unable to attend a particular course, please notify the A.L.L. office at (774) 330-4400 so we may add the seat back into our inventory. If you start a course and find that you will not be attending it any longer, please notify the office as well as the coordinator.

Class Locations

Rooms C-106 and **C-115** are in the community college's Grossman Commons Building, mezzanine level.

The **Multimedia Center** is in the basement of the community college's Wilkens Library.

The **Art Center** is in the Tilden Arts Center Building at the community college.

Cape Cod Community College Downtown Campus (508-778-2221) is located at 540 Main St., Hyannis, behind Colombo's Restaurant.

See maps of the college's main and downtown Hyannis campuses in this catalog.

Bridgewater State University's Cape Cod Campus is located at 1175 Route 28, South Yarmouth, opposite the State Police barracks.

Mashpee Senior Center (508-539-1400), 26 Frank E. Hicks Drive, Mashpee, is located off Route 151 near the police and fire stations.

Coordinator Registration Policy: Course coordinators are eligible for a reduced membership fee, as follows:

12-Week Course	Each coordinator pays		6-Week Course	Each coordinator pays
1 Coordinator	\$0.00		1 Coordinator	\$0.00
2 Coordinators	\$0.00		2 Coordinators	\$52.50
3 Coordinators	\$70.00		3 Coordinators	\$70.00

Those who coordinate more than one course should check with the curriculum chairperson, through the A.L.L. office, to determine their proper payment.

If you have any questions or concerns, please call or visit the A.L.L. office. The phone number is (774) 330-4400. The office is located on the mezzanine level of the Grossman Commons Building adjacent to Rooms C-106 and C-115.

Many questions are answered on our website: www.capecodall.org. Registration forms are also available on the website.

If the college is closed due to inclement weather or other reasons, then A.L.L. is also closed. If the college is closed because of snow, it will usually be announced on the radio and TV. You can also call the **College Hotline** number at (508) 375-4070.

A.L.L. NEEDS YOU!

Become a Coordinator of a class at the Academy for Lifelong Learning in the Spring 2019 Session at one of our many locations.



A.L.L. courses are generally led by retired educators, professionals, artists, writers, and others who are willing to share their passion on a topic or set of topics with the students. It allows the opportunity to inspire others to learn and explore. In addition, one can lead class members without the administrative burdens of traditional teaching. It often permits the development of innovative and interesting learning experiences. Mature students are eager to learn, which makes coordinating a fun experience.

Note: We have developed a digital database to improve the processing of proposals. Please submit your proposal on our website (www.capecodall.org). Should you need assistance in submitting your proposal on-line, please contact the A.L.L. Office at (774) 330-4400.

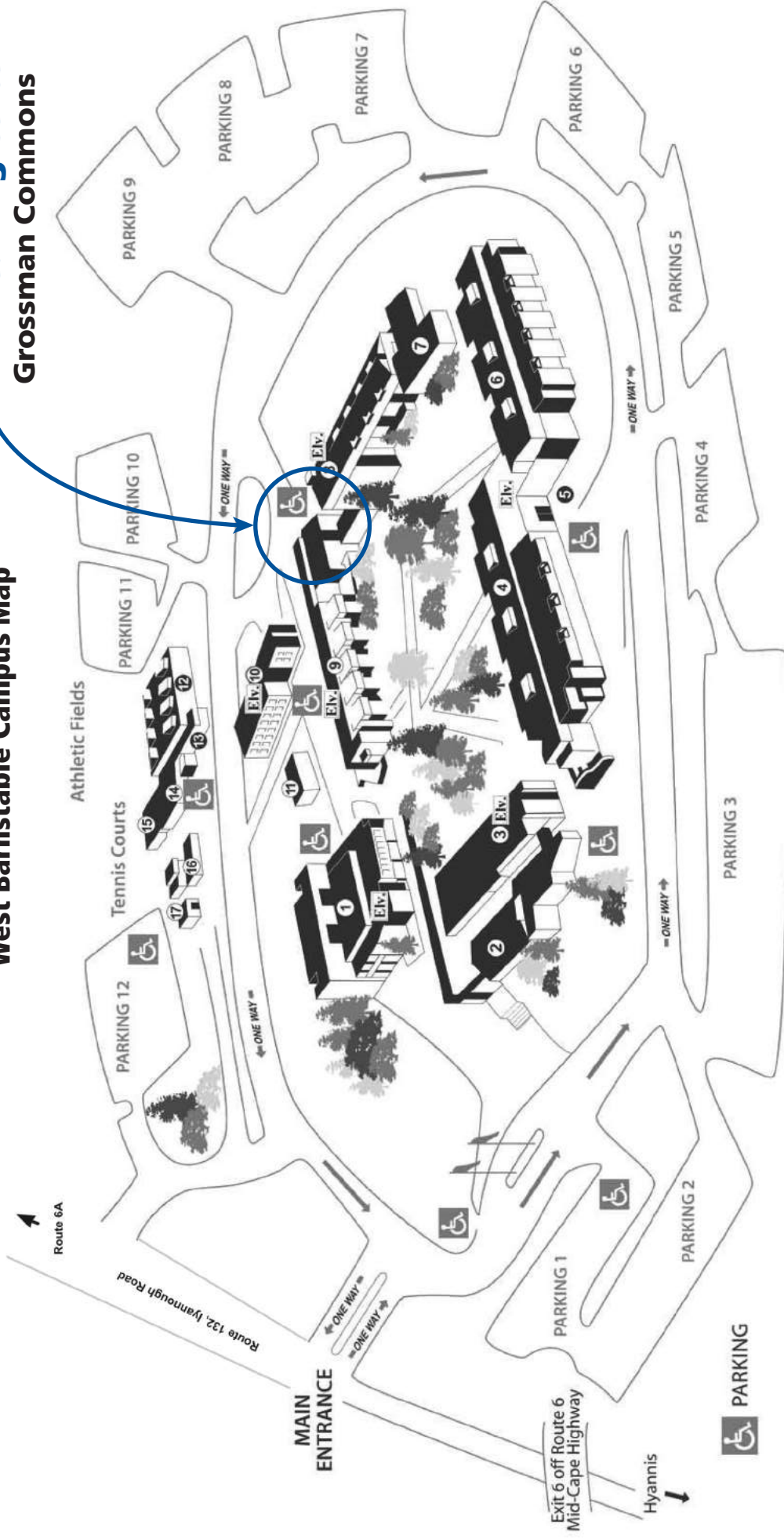
Course Description (50 to 75 words) Please describe your course and briefly discuss what you expect to accomplish in class and list any readings, materials, videos, field trips, etc. you intend to use. Explain what students will learn and how you will use lectures, class discussion and other teaching formats to facilitate the course.

Bio (30 to 40 words) Please list your experience, interests, educational background, and any degrees or qualifications you have to coordinate this course. Include any relevant information that shows your mastery of the subject and your passion for the topic.

The Curriculum Committee will begin scheduling classes on October 12. Proposals greatly appreciated by early October.

Cape Cod Community College West Barnstable Campus Map

**A.L.L. Learning Center
Grossman Commons**

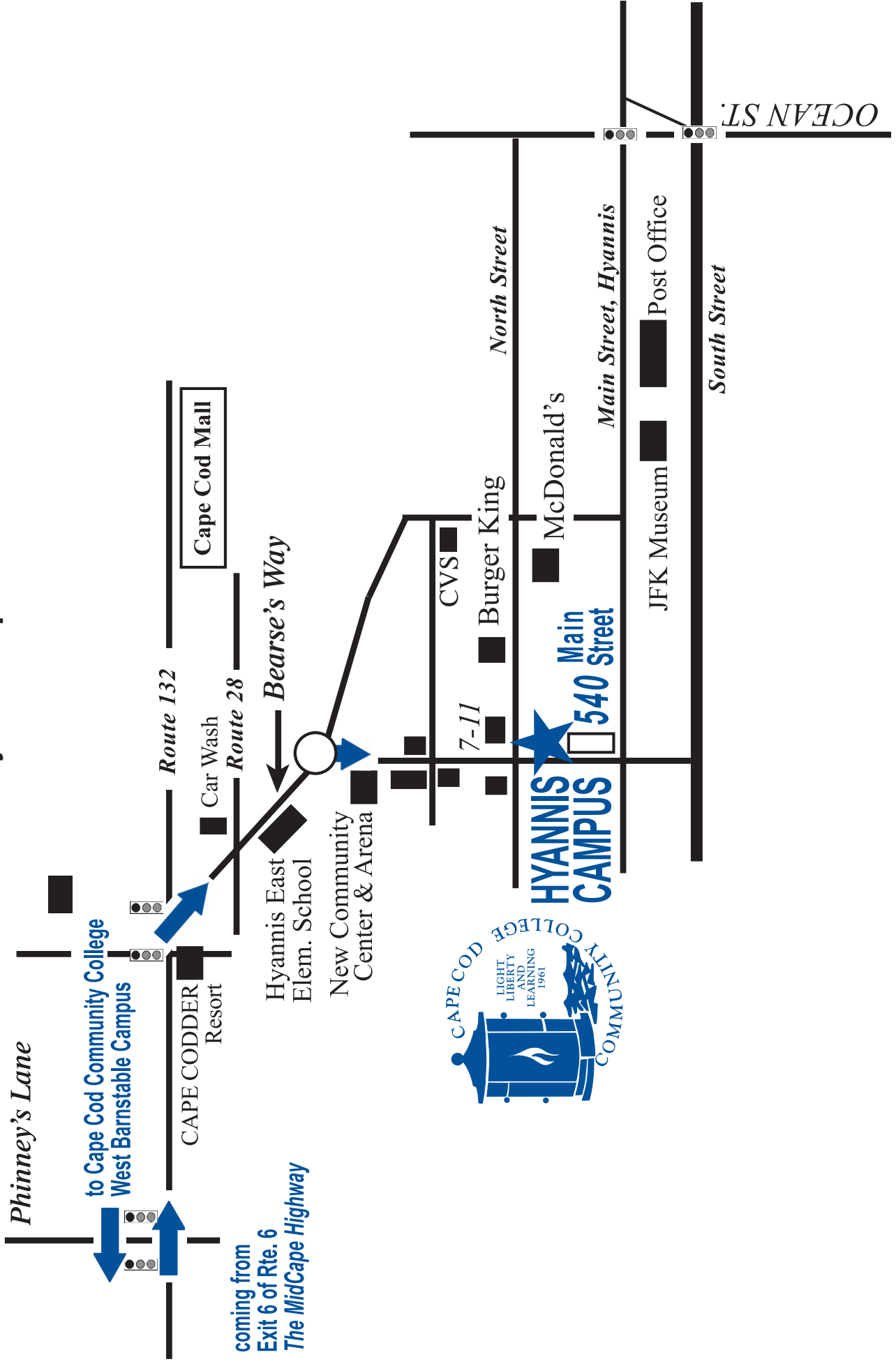


Building Legend

- | | | | |
|-----|-----------------------------------|-------|-------------------------------------|
| 1 | Tilden Arts Center | 10 | Lorusso Applied Technology Building |
| 2 | Nickerson Administration Building | 11 | Makkey Broadcasting Center |
| 3 | Wilkens Library | 12-15 | Life Fitness Complex |
| 4 | South Building | 16-17 | Facilities Management Building |
| 5 | North/South Connector | | |
| 6 | North Building | | |
| 7,8 | Science Hall | | |
| 9 | Grossman Commons Building | | |

Cape Cod Community College

Hyannis Campus



CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY

The Persian Empire

Monday 9:00-10:20
12 weeks 10-Sep

ALL1025

C-106
Limit: 25

In its time, the Persian Empire was the largest and greatest empire the world had every seen. It began in 559 B.C. under Cyrus the Great and lasted more than two centuries. It eventually encompassed lands stretching from Greece, Asia Minor and Egypt in the west thru Central Asia and the Indus Valley in the east. We will explore the multifaceted reality of ancient Persian history.

Coordinator: Paula Stefani. Paula has led several courses for A.L.L. on diverse topics in history.

The Operatic Masterworks of Richard Strauss

Monday 9:00-10:20
First 6 weeks 10-Sep

ALL1012

C-115
Limit: 25

The operas of Richard Strauss, mainstays of opera houses the world over, are a feast of gorgeous music and intriguing stories. This course will showcase, among others, *Der Rosenkavalier*, *Salome* and *Ariadne auf Naxos*. Great performances from houses around the world will be featured.

Coordinator: Steve Piontek. Some of the courses Steve has previously presented have featured the operas of Mozart, Verdi, Puccini and Rossini, among others. Passionate opera lover for decades, he takes great pleasure in sharing his enthusiasm.

More Great Operas of Rossini

Monday 9:00-10:20
Second 6 weeks 29-Oct

ALL1013

C-115
Limit: 25

Last fall's course on the great operas of Rossini showed what pure joy this composer's works are. This new course will feature 6 different works by the master, including *Armida*, *Tancredi* and *Il Viaggio a Reims*. The beautiful melodies and stupendous singing in these works ensure another generous helping of joy.

Coordinator: Steve Piontek. Steve has been passionate about opera for decades. He has previously presented courses on the operas of Mozart, Verdi, Puccini and Rossini and loves sharing his enthusiasm.

History of Radio and Television

Monday 10:30-11:50
First 6 weeks 10-Sep

ALL1010

C-106
Limit: 25

This course will examine the historical development of broadcasting from the invention of radio to the creation of radio programming, to the era dominated by over-the-air television broadcasts, to contemporary distribution of programming via cable, satellite, and the Internet. The class will also consider the ways technological innovations have influenced programming and the socio-political impact of electronic media. Selected articles will be made available on-line.

Coordinator: Christopher Outwin. Chris earned a doctorate in educational media and technology from Boston University. He taught media courses at Emerson College, Ithaca College, and DePaul University. He is the former owner of WXGL FM Radio in Maine.

Six Negotiations that Shaped the 20th Century

Monday 10:30-11:50
Second 6 weeks 29-Oct

ALL1008

C-106
Limit: 25

This course will examine the historical context, behavior of the participants, and global consequences of six transformative 20th century negotiations: (1) WWI Versailles Peace Conference, 1919, (2) Munich accord, 1938, (3) U.S. Japan pre-Pearl Harbor negotiations, 1941, (4) Cuban Missile Crisis, 1962, (5) Vietnam War negotiations, 1969 to 73, and (6) Egypt- Israel Camp David Accord, 1978. Besides their historical significance, the six cases provide examples of different types of diplomacy: multilateral negotiation, appeasement vs. deterrence, cross cultural communication, bargaining in a nuclear crisis, inter-ally negotiations, and high level mediation.

Coordinator: Russell Leng. Russell is the James Jermain Professor Emeritus of Political Science at Middlebury College. This is his third A.L.L. course.

The Ottoman Empire - Part 1

Monday 10:30-11:50
12 weeks 10-Sep

ALL1029

C-115
Limit: 25

This is the first of two courses covering the history of the Ottoman Empire. We will watch videos by The Great Courses and I will provide optional supplemental reading material. The course this fall will cover the period up to about the 17th Century. Part 2, to follow in the spring, will conclude with the collapse of the Ottoman Empire after WWI and its replacement by the Turkish Republic under Ataturk.

Coordinator: Ed Foster. Ed is a retired aerospace engineer who now has the time to indulge his love of history.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY (Continued)

History of Rock and Roll: The 50s and 60s **ALL928**
Monday 12:00-1:20 C-106
12 weeks 10-Sep Limit: 25

Rock and Roll was everything the suburban 1950s was not. While parents were listening to Frank Sinatra, Perry Como, and others, their children were moving to a new beat, and by the end of the 50s, rock and roll helped define the boundary between youth and adulthood. The 1960s saw the emergence of more and more new artists who were developing different genres under the umbrella of rock and roll: Motown, Surf Music, Girl Groups, and the British Invasion. By the end of the 1960s, rock and roll would be a genuine force of cultural and political consequence.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

How To Read A Movie Visually **ALL1019**
Monday 12:00-1:20 C-115
12 weeks 10-Sep Limit: 25

A movie has a basic structure through which the screenwriter/director keeps an audience enthralled. Its successful construction guarantees the audience's participation in the film. This course will examine this structure by viewing and discussing three films from different periods of filmmaking, enabling the student to understand (read) the successful execution or failure of a film's story line and thus augmenting the enjoyment of the movie-watching experience.

Coordinator: Joseph L. Gonzalez. Joseph is a native Cuban, raised and educated in the United States. He was a bilingual script supervisor in movies, commercials, music videos and television as well as a screenwriter of short and feature films. He studied film at the New School for Social Research in New York City and worked for twelve years as an editor/writer for several national magazines.

How Philosophy Can Save Your Life **ALL489**
Monday 1:30-2:50 C-106
12 weeks 10-Sep Limit: 25

This is a reading discussion class based on the book *How Philosophy Can Save Your Life*, by Marietta McCarty. We will read the book's ten chapters on Simplicity, Communication, Perspective, Flexibility, Empathy, Individuality, Belonging, Serenity, Possibility and Joy and explore each topic and its significance. We will also discuss two well-known philosophers whose work lends itself to an investigation of that idea. Please read the Welcome section of the text for the first class.

Coordinator: Claire Briand. Claire is a retired speech language pathologist with a lifelong interest in philosophy.

Conversational Spanish **ALL1020**
Monday 1:30-2:50 C-115
First 6 weeks 10-Sep Limit: 25

This class provides those with little or no knowledge of Spanish with a basic vocabulary to communicate their needs in any Spanish-speaking environment. Classes will center on the daily usage of the language for travelers, social situations, dining, shopping, health emergencies, directions and personal necessities. Within that framework, there will be discussions on grammar and culture. It is suggested, but not required, that you purchase a small English-Spanish dictionary.

Coordinator: Joseph Gonzalez. Joseph is a native Cuban, raised and educated in the United States. He is the co-editor of *Escrivientes*, the Spanish-language literary magazine of Montclair State University. He is now working on a book of short stories in Spanish, three of which have been published.

TV Indians Even Now **ALL1006**
Monday 1:30-2:50 C-115
Second 6 weeks 29-Oct Limit: 25

Presently there are sixteen 1950s and 60s western reruns being shown on TV. Most of them have episodes involving Native Americans. This class will view selections from *Wagon Train*, *Cheyenne*, *Death Valley Days*, *Bonanza* and others to analyze the images of Native American people that were projected and are still being viewed today. We will also evaluate their cultural and historical accuracy.

Coordinator: Frank Cuphone. Frank has taught Native American studies to multiple age groups, visited many reservations and learned from tribal elders.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

MONDAY (Continued)

Talking Film

Monday 2:00-3:15
12 weeks 10-Sep

ALL1035

North/South Hall
Limit: 30

Class members will watch assigned films at home prior to the class discussion which will focus on themes and issues raised by the films.

Coordinator: Stephen Pastore. Stephen is the president of the Emile Zola Society (USA) and was the only American named to the Council of Management of the Thomas Hardy Society (UK). He is a published novelist and playwright and has taught at the university level for over 30 years.

Masterpieces of Chamber Music

Monday 3:00-4:20
12 weeks 10-Sep

ALL1046

C-106
Limit: 25

For all the fame attached to their symphonies, concertos and operas, classical music's greatest composers have often maintained that their very best work came in the form of chamber music--music for small ensembles in intimate settings. Yet today, many symphony-goers dismiss this vast category without knowing much of anything about it. This course seeks to open up this treasure chest and highlight some of the wonders inside through live-performance videos. Examples will range from Mozart, Beethoven, Dvorak, Mahler and Ravel to modern masters in both classical music and jazz.

Coordinator: John Temple. John is a semi-retired business writer, lifelong listener, former classical concert reviewer for the Boston Globe and Providence Journal, Sturgis Library trustee, and occasional presenter on historical topics. Last fall he led a 12-week A.L.L. course on Mozart's piano concertos.

Beyond Red or White: Wines of the World from A to Z

Monday 3:00-4:20
First 6 weeks 10-Sep

ALL1038

C-115
Limit: 25

From Albarino to Zinfandel and everything in between, we will explore the major wine regions of the world (and a few hoping to become the next big thing). Our goal will be to go beyond the usual suspects like California Chardonnay and Cabernet Sauvignon to highlight the great varietals and values available to you. All levels of knowledge are welcome; the class will be informal and relaxed, geared toward increased knowledge using a light, fun approach.

Coordinator: Ron Fernandes. Ron works with one of the premier distributors of wine, craft beer, and spirits in Massachusetts. He brings many years of knowledge and enthusiasm to the subject of wine.

A Woman's Heart: Poetry into Play

Monday 3:00-4:20
Second 6 weeks 29-Oct

ALL984

C-115
Limit: 25

Looking mostly through women's eyes, Judith Partelow's poetic play *A Woman's Heart* presents life, love, and loss, juvenile delights, jaded divorce, death, dignity, and deliverance. The play is peppered with salty dialogue, simmered with sweet memories, then swirled together with rhythm and succulent sounds. We will discuss its poetry and ideas. The script of *A Woman's Heart* will be our text and will be provided in the first class.

Coordinator: Rod Owens. Rod retired from teaching high school English in 2015. He dove into the bracing waters of Cape Cod theatre in 2016 and relishes performing as three men in *A Woman's Heart*.

TUESDAY

American Oligarchy

Tuesday 9:00-10:20
12 weeks 11-Sep

ALL978

C-106
Limit: 25

Throughout its history American politics has been defined by the tension between the oligarchic forces controlling our institutions and populists attempting to install new systems. We will inspect the nature of this tension by taking a close look at its components. We will encounter both populists and oligarchs in depth.

Coordinator: Stew Goodwin. After a 35-year career in the international investment business, Stew has been involved with many Cape organizations. For over a decade he has coordinated more than a dozen courses at A.L.L. and given five lectures.

Understanding & Managing Loved Ones with Mental Illness

Tuesday 9:00-10:20
First 6 weeks 11-Sep

ALL1021

C-115
Limit: 15

This course covers the full array of mental illnesses: bipolar, schizophrenia, major depression, anxiety, and PTSD. Twenty percent of Americans suffer from some major mental illness, impacting nearly every family constellation. Class members will receive the NAMI Primer on Mental Illness during the first class.

Coordinators: Jud Phelps and Kim Lemmon. Jud is a licensed alcohol & drug counselor and is currently Director of Client Services at National Alliance on Mental Illness for Cape Cod and Islands (NAMI). Kim serves as Director of Family Programs for NAMI CCI, coordinating support groups and initiating new programs, and is also a trainer of program instructors.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

TUESDAY (Continued)

Making Shakespeare Come Alive **ALL1014**
Tuesday 10:30-11:50 C-106
12 weeks 11-Sep Limit: 25

As in the past, we will read two of The Bard's plays, Romeo and Juliet and A Midsummer Night's Dream, with class members taking parts. We will also watch a film version of each play. Lively discussion regarding the plot and characters as well as interesting facts about each play and Shakespeare's life are part of each class.

Coordinators: John Kennedy and Barbara Berelowitz. John and Barbara have been coordinating this class at A.L.L. for many semesters.

Mind and Matter **ALL718**
Tuesday 10:30-11:50 C-115
First 6 weeks 11-Sep Limit: 25

The relationship of mind to matter has puzzled philosophers and scientists for centuries. This course explores the power of mind, seen in the placebo effect, for example, and other physical conditions. The evidence raises serious questions about the commonly held theory that mind is wholly reducible to the structure and function of the brain. Effects of mind can be far more powerful than is generally realized and are not well understood. There will be lectures, discussion, and brief readings with more information at mindmattercourse.org.

Coordinator: Sydney Lamb. Before retiring Syd was a professor of linguistics and cognitive science at Rice University. He is the author of *Pathways of the Brain* (1999) and *Language and Reality* (2004). In A.L.L. he has taught courses in Mind and Belief, Mind and Matter, Mind and Music, and the Evolution of Brain and Language.

Controversial U.S. Presidential Elections **ALL1017**
Tuesday 10:30-11:50 C-115
Second 6 weeks 23-Oct Limit: 25

This course will provide a unique look into 5 controversial US elections and the issues of the day that provoked and influenced the voters: elections of 1824, 1900, 1948, 1952, 1960.

Coordinator: David Wyant. David is a US history researcher specializing in the US presidents and the political science behind the scenes of their rise to the top political position in the US.

Franklin and Eleanor Roosevelt **ALL504**
Tuesday 12:00-1:20 C-106
12 weeks 11-Sep Limit: 25

The story of Franklin and Eleanor Roosevelt is one of the greatest stories ever told. They were born to privilege, suffered extreme life traumas, and were reborn as two of the greatest humanitarian leaders the U.S. and the world have ever known. They led the U.S. through the Great Depression and World War II. The class will consist of a mixture of videos, discussions, reading, class participation, and lectures. The texts for the course will be *No Ordinary Time* by Doris Kearns Goodwin and/or *FDR* by Jean Edward Smith.

Coordinator: Rick Kornblum. Rick holds engineering and business degrees from Dartmouth College. He had a long career as an engineering manager. He is an amateur historian and an avid student of FDR.

Mind and Matter II **ALL1034**
Tuesday 12:00-1:20 C-115
First 6 weeks 11-Sep Limit: 25

This is an advanced course for those who have already taken the basic Mind and Matter course, ALL 718. In this course we explore the mind and its relationship to matter in greater depth and pursue the implications of the findings presented in the basic course. There will be lectures, discussion, and brief readings.

Coordinator: Sydney Lamb. Before retiring Syd was a professor of linguistics and cognitive science at Rice University. He is the author of *Pathways of the Brain* (1999) and *Language and Reality* (2004). In A.L.L. he has taught courses in Mind and Belief, Mind and Matter, Mind and Music, and the Evolution of Brain and Language.

The Science Fiction of H. G. Wells **ALL1022**
Tuesday 12:00-1:20 C-115
Second 6 weeks 23-Oct Limit: 25

This course will be a survey of the early science fiction novels that H. G. Wells wrote between 1895 and 1906. The novels will be available in the campus bookstore. The titles are *The Time Machine*, *The Island of Doctor Moreau*, *The Invisible Man*, *The War of The Worlds*, and *In The Days of The Comet*. The first class will be an introduction to H. G. Wells.

Coordinator: Richard Slapsys. Richard is a retired fine arts librarian emeritus from the University of Massachusetts Lowell. He taught an upper level literature course and also presented at a faculty salon on H. G. Wells.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

TUESDAY (Continued)

Conversational French

Tuesday 1:30-2:50
12 weeks 11-Sep

ALL029

C-106
Limit: 25

This course provides an opportunity to practice and improve French language skills with fellow students and native speakers. Emphasis is on speaking and listening using reading and writing activities. Students collaborate in selecting topics for discussion and class activities, from reciting poems to watching films, reading Francophone works, discussing current events, explicating common cultural elements (proverbs, cartoons, children's stories), listening to music, making music, and sharing personal stories. Students work independently, in pairs, in groups, face to face, online, at school, in class, and anywhere learning takes place. Previous knowledge of French is recommended.

Coordinator: Lore Loftfield De Bower. Lore earned her degree in Medieval French Women's Studies. She has taught French for over 45 years.

So You Want to Be a Poet

Tuesday 1:30-4:00
12 weeks 11-Sep

ALL077

C-106
Limit: 25

This creative writing course involves writing poetry, reading/sharing students' poems in the class, and gentle critiquing. The only rule is that there are no rules except you can't say anything bad about your own writing. Course text (available from the instructor for free): *Clinging to the Mountain*. Please read *I Have a Dream* for the first class.

Coordinators: Peter Saunders and Victoria Branigan.

Peter has an MFA in poetry from Goddard College and a Ph.D. in Narrative Gerontology from Union Institute and University. He has published books of poetry and many chapbooks. Victoria is a publisher, writer, and entrepreneur.

The 800-Pound Gorilla in the Room

Tuesday 3:00-4:20
12 weeks 11-Sep

ALL1031

C-106
Limit: 25

Neurologists estimate that around 80% of what occurs inside our brain takes place outside of our conscious awareness. Like the unseen 800 pound gorilla in the room, we don't perceive this collection of activities; we don't even realize they exist. But, they do, and they have profound effects on how we think and behave. Come and learn about your own unconscious mind and how you can be its master (rather than the other way around). Course text: *The Hidden Brain* by Shankar Vedantam.

Coordinator: Don Ellicott. Don is a retired history teacher who has taught a dozen or so courses at A.L.L. on neurology, psychology, and history.

WEDNESDAY

A Brief History of London

Wednesday 9:00-10:20
12 weeks 12-Sep

ALL991

C-106
Limit: 25

This course is an abbreviated look at the West's most important city from prehistory until the present. We may use a few lectures from the Teaching Company, but primarily we will present short videos, artwork, photography and other interesting visual material.

Coordinators: Christine Johnston and David Johnston.

Chris and David have coordinated several other A.L.L. courses on art history and science.

News and the World Outside the USA

Wednesday 9:00-10:20
12 weeks 12-Sep

ALL948

C-115
Limit: 25

How do others see us? How do others see events in the world? This course uses foreign media to look at world issues from a perspective other than that of the American media. We will look at the USA in the foreign media, parallel events in the USA and in other places, items of local concern to foreign lands, and, finally, news in the foreign media deemed interesting in its own right. Sources such as watchingamerica.com will be used along with a wide range of press and media from around the world.

Coordinator: Arthur Pontes. Arthur retired from teaching at the Sturgis Charter Public School in 2015. He spent 45 years as a teacher and administrator, 25 of which were spent in four schools in Europe and Latin America.

Great Books

Wednesday 10:30-11:50
12 weeks 12-Sep

ALL013

C-106
Limit: 25

Using selections chosen by the Great Books Foundation, the class will reflect on a wide range of ideas and authors such as Geoffrey Chaucer, Leo Tolstoy, Jhumpa Lahiri and Simone de Beauvoir who will be part of our discussions. We will use the Great Books Series called *Great Conversations, Volume 3*, which focuses on various themes and uses selections from classic and contemporary works in various genres and disciplines. The book can be purchased online at greatbooks.org or 800-222-5870 ext 2. Class members will be encouraged to bring their questions to the class and volunteer to facilitate discussions.

Coordinators: Mary Joyce and Mary Beth Ellis. Mary and Mary Beth are professional teachers, lifelong learners and avid readers who encourage others to bring their questions, share their ideas and insights. Newcomers are always welcome.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

WEDNESDAY (Continued)

15 Challenges of the Future

Wednesday 10:30-11:50
First 6 weeks 12-Sep

ALL999
C-115
Limit: 20

This is a course based on the '15 Challenges of the Future', a product of the global think tank, and The Millennium Project (themp.org). The 15 Challenges include the Environment, Population Growth, Global Communication and the Internet, Global Economies, Science and Technology, and Global Ethics. The course text is State of the Future, version 19.0 available online; however, the free short summary of each challenge will be adequate for the course, available at themp.org.

Coordinator: Tom Murphy. Tom is a retired physician/radiologist who has taught these challenges for the last 20 years.

New England in the American Revolution

Wednesday 10:30-11:50
Second 6 weeks 24-Oct

ALL1018
C-115
Limit: 25

This course will present a series of 6 lectures on why the American Revolution began in Boston, the Boston Massacre, the Boston Tea Party, Cape Cod and the American Revolution, John and Abigail Adams, and Benedict Arnold.

Coordinator: Jim Sefcik. Jim has taught A.L.L. courses at the Cape and in New York. He trained as an 18th-century American historian and retired as Director of the Louisiana State Museum in 2004. He has taught both graduate and undergraduate courses on the American Revolution.

The Russian Revolution, 1891 to 1991

Wednesday 12:00-1:20
12 weeks 12-Sep

ALL1023
C-106
Limit: 25

This course will treat the Russian Revolution and the Soviet Union in a single long historical cycle (1891 to 1991) in three phases: from the birth of the Old Bolsheviks in the 1870s and 1880s through the October Revolution (1917), until 1928; from Stalin's first Five Year Plan in 1928 until his death in 1953; and from Khrushchev's de-Stalinization policies and attempts at reform until the collapse of the Soviet state in 1991. The course text is Orlando Figes, *Revolutionary Russia, 1891 to 1991: A History*, New York, 2014. First class assignment is: pp. 1 to 28 (Introduction, Chapter One, part of Chapter Two).

Coordinator: Richard Stewart. Richard taught history for 43 years at Choate Rosemary Hall in Connecticut. His degrees in history are from Allegheny College (BA) and Wesleyan University (MA). He has traveled extensively, including Russia and Eastern Europe. He has participated in A.L.L. since 2015.

Women in Literature

Wednesday 12:00-1:20
12 weeks 12-Sep

ALL479
C-115
Limit: 25

This is a reading and discussion course which examines the roles, nature and relationships of women through fiction, poetry, drama, and essays written by women. This semester we will focus on the short stories of 24 of the best North American women writers of the late 20th and early 21st centuries. The text is *More Stories We Tell: The Best Contemporary Short Stories by North American Women*, ed. by Wendy Martin. It can be purchased online or at used bookstores. Read the Editor's Introduction and bring the textbook to the first class.

Coordinator: Elaine Horne. Elaine is a retired Professor of English and Department Chair at Manchester Community College in Connecticut. Prior to that she was an adjunct professor at Central Connecticut State University and Greater Hartford Community College.

Women's Lives Then and Now:

The Case of Cagney & Lacey and Rizzoli & Isles

Wednesday 1:30-2:50
12 weeks 12-Sep

ALL1009
C-106
Limit: 25

By considering two female buddy cop TV duos of the 1980s and 2010s we will look at issues in and out of the workplace in our own lives and in the lives of the characters. A backdrop of a male-dominated profession will help us delve into women's and men's roles during decades of change: How have these issues evolved? What has changed? What hasn't? Familiarity with the two television programs is not required.

Coordinator: Nancy Weida. Nancy is a retired university professor and former department chair. She has taught a variety of courses at A.L.L.

It Matters HOW We Think! Section A

Wednesday 1:30-2:50
First 6 weeks 12-Sep

ALL1040
C-115
Limit: 25

The first level of this highly interactive course engages people in enjoyable, enlightening exercises to better understand what is meant by critical and creative thinking and what is meant by better thinking. HOW we choose to state or represent a problem is the key to eventual, effective solution-finding. The likelihood is that a problem as given or stated is misleading. In small groups, through new thinking tools for representing and solving problems, participants tackle and tame problems of interest. And who knows how many long awaited breakthroughs in new understanding and solution-finding will occur?

Coordinator: Nina Greenwald. Nina is a retired Professor of Critical and Creative Thinking at UMass Boston. She is a published author and educator trainer specialized in creative problem solving, innovation and invention, humor and thinking and gifted education.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

WEDNESDAY (Continued)

It Matters HOW We Think! Section B **ALL1042**
Wednesday 1:30-2:50 C-115
Second 6 weeks 24-Oct Limit: 25

The first level of this highly interactive course engages people in enjoyable, enlightening exercises to better understand what is meant by critical and creative thinking and what is meant by better thinking. HOW we choose to state or represent a problem is the key to eventual, effective solution-finding. The likelihood is that a problem as given or stated is misleading. In small groups, through new thinking tools for representing and solving problems, participants tackle and tame problems of interest. And who knows how many long awaited breakthroughs in new understanding and solution-finding will occur?

Coordinator: Nina Greenwald. Nina is a retired Professor of Critical and Creative Thinking at UMass Boston. She is a published author and educator trainer specialized in creative problem solving, innovation and invention, humor and thinking and gifted education.

Election 2018 **ALL1036**
Wednesday 2:00-3:15 North/South Hall
12 weeks 12-Sep Limit: 30

This course will be a discussion of the 2018 mid-term election as it unfolds.
Coordinator: Stephen Pastore. Attorney, author and historian, Stephen will lead the class in an open and unbiased discussion of this important event.

Introduction and Overview of the Myers Briggs Type Indicator **ALL1044**
Wednesday 2:00-3:15 North/South Hall
First 6 weeks 12-Sep Limit: 25

The Myers Briggs Type Indicator is used in interpersonal communication, business and leadership worldwide. It provides insight into the preferences and styles each of us uses to process the world around us. This participatory class provides participants with an enjoyable introduction to the model. Class members will leave with an understanding of their own style and learn how it matches those around them.

Coordinator: Marianne Triplette. Marianne has more than three decades experience as a professor and business/ leadership personal growth coach. Her clients include Fortune 500 companies, not for profit organizations and individuals. She received her BA, MA and PhD in organizational behavior from the University of Maryland, College Park and has served as a member of the US Senate staff. She currently lives in Centerville and has a lifelong connection to Cape Cod and Martha's Vineyard.

An Introduction to the Enneagram as a Personal and Business Tool **ALL1045**
Wednesday 2:00-3:15 North/South Hall
Second 6 weeks 24-Oct Limit: 25

The Enneagram model is used in personal and spiritual growth worldwide. It provides a framework for self-awareness around how we interpret and act with others. It helps us understand personality styles and drivers of ourselves and others. It is often used in business as a stress management and team-building tool and is increasingly offered in medical and counseling situations as an aid for personal growth and mindfulness. This participatory class provides participants with an enjoyable introduction to the model. Class members will leave with an understanding of how to work with their own style and how it matches those around them.

Coordinator: Marianne Triplette. Marianne has more than three decades experience as a professor and business/ leadership personal growth coach. Her clients include Fortune 500 companies, not for profit organizations and individuals. She received her BA, MA and PhD in organizational behavior from the University of Maryland, College Park and has served as a member of the US Senate staff. She currently lives in Centerville and has a lifelong connection to Cape Cod and Martha's Vineyard.

Beginning Watercolor **ALL711**
Wednesday 2:30-5:30 Tilden Arts Ctr. Building
Second 6 weeks 24-Oct Limit: 10

This class will introduce beginners to drawing and perspective principles needed to complete a watercolor composition using the dry and wet-on-wet approaches. Following class demonstration, students will work on their own paintings with the guidance of the teacher. The extended time (2:30-5:30 p.m.) will give students time to set up, work, and clean up after each class. Note: The coordinator will send enrolled students a list of required materials (estimated cost: \$150) prior to the first class. Please notify the office if you do not receive a list of materials at least three weeks before the class starts.

Coordinator: Mary Lou Mack. Mary Lou has been painting for many years. She has concentrated on watercolor since 1981, when she started taking classes at Bay Path College with Jack Flynn, an American Watercolor Society member. Since then she has travelled and taken workshops with many prominent watercolor artists. Her landscapes and seascapes are drawn from extensive travel on three continents. She has exhibited her work in galleries, one and two women shows, and juried exhibitions.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

WEDNESDAY (Continued)

Modular Origami

Wednesday 3:00-4:20
Second 6 weeks 24-Oct

ALL1026
C-106
Limit: 15

Beautiful, interesting, challenging, surprising, meditative-- these are adjectives people new to origami use to describe this artform. Modular origami or unit origami is a paperfolding technique which uses two or more sheets of paper to create beautiful art. In this class you will learn basic origami techniques and take home several stars, a triangular box, and a kusudama.

Coordinator: Andrea Plate. Andrea is a retired middle school math teacher who used origami as a teaching tool. She has honed her technique through attendance at origami conferences and through self study.

Mah Jongg Beginner Sect. A

Wednesday 3:00-4:20
12 weeks 12-Sep

ALL982
C-115
Limit: 8

This course introduces students to the game of Mah Jongg, originally played in China over 2000 years ago. Students will receive a handbook describing the tiles, suits and play from the program coordinator free of charge. The purchase of a \$9.00 National Mah Jongg League card will be required after the start of class.

Coordinator: Jacqueline Cohen. Jacqueline learned to play Mah Jongg in the United Kingdom and United States. She has been playing for over 50 years, sharing her knowledge with students in Yarmouth Port for the last 20 years.

THURSDAY

Classic Novels and the Meaning of Life

Thursday 9:00-10:20
12 weeks 13-Sep

ALL1033
C-106
Limit: 25

Situated in historic time, classic novels deal with eternal issues. Their characters experience love, fear, suffering, hope, uncertainty, joy, faith and death, all contributing to the meaning of their lives. Can their experiences enrich the meaning of our lives today? Classes include DVDs and the discussion of novels by Austen, Hardy, Crane, Joyce, Dostoyevsky and others.

Coordinator: David Mulligan. David has been a missionary priest, Commissioner of Public Health for the Commonwealth of Massachusetts, and Associate Professor at Stonehill College.

Women in Music: Billie, Bessie, Bonnie and More

Thursday 9:00-10:20
First 6 weeks 13-Sep

ALL985
C-115
Limit: 25

A general survey of Women in Music from the early 20th Century right up to the present, this course will include singers, songwriters and composers from various genres including (but not limited to) jazz, blues, country and classical. Recordings, video clips, live music and lots of class discussion will be used to augment lecture material.

Coordinator: Gina Poole. Gina is a teacher and musician, and currently the Music Director of the Goldenaires Singing Seniors in Natick. A passion for choral music and music education is a driving force in her life. Gina is a singer and also plays piano and guitar.

Trump, Twitter, and The Russians

Thursday 9:00-10:20
Second 6 weeks 25-Oct

ALL1032
C-115
Limit: 25

This is a Foreign Policy Association Great Decisions course. Through video and handbook, we will discuss America's changing role in the world, the place of the media and social media in foreign policy, and what motivates the Russians' activities of disruption. The course text is *Great Decision Handbook 2018*; available online at Foreign Policy Association of by phone at 800-477-5836. For the first week, please read Chapter 1, The Waning of Pax Americans.

Coordinators: Paul Arnold and Jim Connolly. Jim and Paul have coordinated a number of courses at A.L.L.

Sports Talk Hot Stove League

Thursday 10:30-11:50
12 weeks 13-Sep

ALL276
C-106
Limit: 25

We welcome all sports fans to join us for discussion sharing opinions about the sports they love. We look at the athletes as well as their importance to their fans. Occasionally we have guests who share their unique experience.

Coordinators: Bob Clever and Alan Dewar. Bob and Alan are both former teachers. Bob is from Chicago, and Alan grew up in the Boston area and has lived on Cape Cod for over forty years. They both bring considerable expertise to this class.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

THURSDAY (Continued)

Human Equality

Thursday 10:30-11:50
First 6 weeks 13-Sep

ALL1039
C-115
Limit: 25

Thomas Jefferson in the Declaration of Independence stated that all men are created equal. This course will discuss whether this ideal can be achieved considering the differences between people in terms of gender, race, tribe, economic status, and so on. Human equality will be considered from a moral, relational and distributional perspective. The text for this course is *The Basis of Human Equality* by J. Weldon.

Coordinator: Ivan Barofsky. Ivan is a retired psychologist who has taught at A.L.L. for many years.

Everyday Organic Chemistry

Thursday 10:30-11:50
Second 6 weeks 25-Oct

ALL1005
C-115
Limit: 25

Organic chemistry gets a bad rap. It is widely believed to be one of the most difficult of the core science subjects, and its adjective has been hijacked by the food industry to mean something quite different. It is simply the chemistry of carbon, and is both us and much of the world around us. At the everyday level, organic chemistry is both simple and elegant, simple because it obeys a small number of rules and elegant in its beauty and versatility. This course offers a grand tour of some of the organic compounds, both natural and synthetic, that shape our lives.

Coordinator: John Ward. John has a Masters in Chemistry from Oxford and an MBA from Manchester. He has spent most of his career in New York financial services industry and has a lifelong love of chemistry.

Being Mortal

Thursday 12:00-1:20
First 6 weeks 13-Sep

ALL867
C-106
Limit: 25

This course is based on *Being Mortal*, written by best-selling author, Atul Gawande, M.D. Gawande explores the many facets involved as we face the end of our lives. He writes, 'We have been wrong about what our job is in medicine. We think it is to insure health and survival. But really, ...it is to enable well being.' We will use this book as well as many other sources to inform our conversation about this important topic.

Coordinator: Marilyn Nouri. Marilyn is retired from the State University of New York in Oneonta where she taught courses in sociology, gerontology, research methods, and health care.

Families As They Really Are

Thursday 12:00-1:20
Second 6 weeks 25-Oct

ALL1024
C-106
Limit: 25

This class will get to the heart of the family-values debate by reframing the question about families from 'Are they breaking down?' to 'Where are they going, how, and why?' This class is based on the book *Families as They Really Are*, a collection of essays. We will discuss five or six of the topics covered while also using other sources and our own experiences with family to inform the discussion. Purchase of the book is not required.

Coordinator: Marilyn Nouri. Marilyn has coordinated many different classes at A.L.L. She is retired from the State University of New York at Oneonta, where she taught a variety of courses in the Sociology Department.

The Wonder of Poetry

Thursday 12:00-1:20
12 weeks 13-Sep

ALL492
C-115
Limit: 25

This is the tenth time *The Wonder of Poetry* is being offered. We'll have both new poets and new poems by old favorite writers. Steve Swanson will return once again, bringing us up to date (2018) on the Provincetown poetry scene. The class will be participant-oriented with poems read both in and out of the classroom, and the instructor will provide background on the individual poets and their work while leading discussions.

Coordinator: Bill Nicholson. Bill taught poetry to independent secondary school students for 39 years and to teachers during summer sessions.

Loving the Short Story

Thursday 1:30-2:50
12 weeks 13-Sep

ALL055
C-106
Limit: 25

The students will discuss two stories at each session, sharing ideas and perceptions to enhance the understanding of the readings. The text for this course will be *O. Henry Prize Stories 2017* edited by Laura Furman. The assignment for the first class: Please read the Introduction, 'Too Good to be True' by Michelle Huneven, and 'Something for a Young Woman' by Genevieve Plunkett.

Coordinators: Sheryl Lajoie and Elizabeth Moylan. Sheryl has led this class for many years and thoroughly enjoys reading, analyzing the stories and gaining amazing insights from class participants. Betty shares the love of short stories and is a valuable asset to the short story discussions.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

THURSDAY (Continued)

The Roaring 20's **ALL1015**
Thursday 1:30-2:50 C-115
12 weeks 13-Sep Limit: 25

The Jazz Age began with Prohibition and ended with Black Tuesday. In between there were government scandals, a kidnapped evangelist, a political convention that lasted 16 days and required 103 ballots to choose a presidential candidate, multiple attempts to fly across the Atlantic (some of them fatal), a catastrophic flood, and much, much more. This class will examine those events.

Coordinators: John Kennedy and Dean Troxell. John is a versatile student of history and literature. Dean has co-moderated weekly Current events classes for two years and moderated a class on Baseball's Golden Age (1945-1960). He has a long-time interest in history and sport.

Ancient Greek Civilization: Why the Greeks Matter **ALL1043**
Thursday 3:00-4:20 C-106
12 weeks 13-Sep Limit: 25

The Greeks enjoy a special place in the construction of Western culture and identity such as democracy, poetry, tragedy, writing, philosophy, and many other features of cultural life. This series of 24 half-hour Great Courses lectures by Jeremy McInerney from UPenn, will cover the period from 600 to 400 BC and draw on numerous literary and archeological sources of Greek history and culture. Thomas Cahill's *Sailing the Wine Dark Sea* is recommended as an addition to these lectures. Discussion (as time allows) will follow the lectures.

Coordinator: Gershen Rosenblum. Gersh is a retired clinical psychologist who has coordinated several A.L.L. courses.

Current National and International Events **ALL048**
Thursday 3:00-4:20 C-115
12 weeks 13-Sep Limit: 25

Participants will be encouraged to express ideas, opinions, and points of view about national and international issues. Class members will have the opportunity to make presentations and lead discussions. We will explore breaking news and encourage active critical and analytical debate. No text required.

Coordinators: Alan Berger and John Ward. Alan is a long time A.L.L. member sharing John's interest in world affairs. He has an MBA and a background in marketing and finance. John, a UK native, is a retired international banker with an MBA who has a keen interest in current events both domestic and international.

FRIDAY

Introduction to iOS for the iPhone and iPad **ALL888**
Friday 9:00-10:20 C-106
First 6 weeks 14-Sep Limit: 25

This course will cover the basics of iOS 11.2 or later for the iPhone and iPad for those who are thinking about purchasing one or both of these devices or already have one. Course materials include the free *iOS User Guides* from Apple. Various apps will also be demonstrated and displayed via the overhead projector.

Coordinator: Wayne Hoover. Wayne was employed by the U.S. Government for 39 years as a computer specialist, mathematician, and supervisory mathematician. After earning a doctorate in Mathematics at Michigan State University, he taught at George Washington University and also at CCCC.

Philosophy and Film **ALL756**
Friday 9:00-10:30 AM and 9:00-12 noon North/South Hall
(alternate weeks) 12 weeks 14-Sep - 7-Dec Limit 25

Our course is designed to explore some of the great ideas of both Western and Eastern thought. To understand these ideas better, we will view and discuss six classic American films: Crimes and Misdemeanors, The Matrix, High Noon, Double Indemnity, Groundhog Day, and On the Waterfront. (One or two of the films may possibly change.) No previous knowledge is required, but a love of films and a desire to improve critical thinking about them is. Those classes in which we introduce the topic will be 90 minutes (weeks 1,3,5,7,9,11). Those classes in which we view and discuss the film will be three hours (weeks 2,4,6,8,10,12).

Coordinator: Tom Gotsill. Tom taught literature, philosophy, and humanities on the secondary level for 40 years. He has also taught graduate courses in the College of Professional Studies at Northeastern University. He is a writer whose work can be found at www.tomgotsill.com.

Prosperity at Risk: The Strengths and Weaknesses of the Local Economy **ALL884**
Friday 9:00-10:20 C-106
Second 6 weeks 26-Oct Limit: 25

The class will focus on the economic climate in Barnstable County presently and in the future. Course text will include various publications from Kansas State University and other land-grant universities.

Coordinator: David Darling. David is a retired economist who worked at Kansas State University and Purdue University.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

FRIDAY (Continued)

Introduction to Nichiren Buddhism **ALL866**
Friday 9:00-10:20 C-115
First 6 weeks 14-Sep Limit: 20

Let us explore this invigorating teaching of hope, victory and personal discovery. We will delve deeper into our interconnectedness with all life and how to tap the enlightened nature we already possess. We will see how these profound Buddhist teachings can enrich our daily lives. It is suitable as an introductory class for first-timers and also as a Part 2 of the Introduction to Nichiren Buddhism course taught for the last six years. *The Buddha in Your Mirror* can be read as a companion piece to the course, but it is not required.

Coordinators: Susan Whalley and Steve Piontek.

Susan, a retired school counselor, has been a practicing Nichiren Buddhist for over 40 years. Steve is a retired magazine editor who also has been practicing Nichiren Buddhism for over 40 years.

Appreciating Japanese Sake **ALL1007**
Friday 10:30-11:50 C-106
First 6 weeks 14-Sep Limit: 25

This course will cover the basics of the Japanese rice wine, sake. It will identify the different grades, variations, brewing processes, ingredients and brewing regions and will discuss the pairing of sake with food.

Coordinator: Ken Molloy. Ken is a Certified Sake Professional with the Sake Education Council, a Japanese board promoting sake education located in Jomyoji, Japan. Ken received an MS from MIT and is involved in many Cape Cod activities.

Using Children's Literature to Teach Science **ALL1001**
Friday 10:30-11:50 C-106
Second 6 weeks 26-Oct Limit: 20

In 1991, Pat received the Connecticut Christa McAuliffe Fellowship for her program Using Children's Literature to Teach Science. In 2009, she created the website which contains 100 books linked to a simple, basic science activity. Each week we will cover one aspect of science. These activities would be fun to share with grandchildren and friends. Please bring scissors, tape, glue stick, crayons or colored pencils. The text will come from this website: <https://intranet.cshgreenwich.org/heartNet/childrensLitAndScience.asp>

Coordinator: Patricia McKean. Pat was a classroom science teacher for 44 years, starting in at the college level and ending in Pre-School through 4th grade. She has presented teacher and student workshops nationally and internationally and specializes in teaching science through literature. She currently serves as a Science Education Consultant and as a Peer Reviewer for the National Science Teachers Association's journal *Science and Children*.

Telling Stories **ALL1030**
Friday 10:30-11:50 C-115
12 weeks 14-Sep Limit: 20

This is a class in which you will tell your stories using various forms: short story, memoir, flash fiction, creative non-fiction. The last two are relatively new genres being seen in literary magazines. The stories for this class may be fact or fiction; all have components in common. You will read examples of each and find which genre is comfortable for you. You will write each week, and your material will be read and discussed in class.

Coordinator: June Calender. June has written in almost all forms, especially stage plays. Lately she has published poems, fiction, flash fiction and creative non-fiction in literary magazines. She has been the chair and has taught A.L.L. Reflections Committee for several years and taught writing courses that have a biographical slant.

How Foreign Policy Has Traditionally Been Made **ALL972**
Friday 12:00-1:20 C-106
First 6 weeks 14-Sep Limit: 15

This course is a discussion on how embassies abroad operate, how Department of State has been organized in the past, and how foreign policy has traditionally been made. It addresses the role of Congress, the media and others in influencing foreign policy. Readings will be suggested at the first class.

Coordinator: Rosemary O'Neill. Rosemary retired from the Foreign Service in 2003. Her 37-year career included assignments in Europe and North Africa and work relating to the Muslim world. She has had extensive experience on the Northern Ireland issue.

Understanding and Loving the World's Great Music **ALL823**
Friday 12:00-1:20 C-115
12 weeks 14-Sep Limit: 25

This course is a survey of Western classical music from ancient times through the career of Mozart. The music will be placed in its historical and sociological context. A synopsis of the elements of harmony and brief biographies of the composers will be offered. Musical examples will demonstrate the changing styles of composition and open the door to a body of work to which class members may never have been exposed.

CAPE COD COMMUNITY COLLEGE WEST BARNSTABLE CAMPUS

FRIDAY (Continued)

Coordinator: David Quinn. David's love of classical music started at about age five and was nurtured by piano lessons at the Faelten Piano School in Boston followed by self education ever since. He has taught at high school and college levels. Selections from his extensive collection of recordings will be used as examples in class.

The Doc is IN **ALL433**
Friday 1:00-4:00 Multimedia Ctr. in Wilkens Library
8 Weeks 12-Oct Limit: 30

PLEASE NOTE: This course will count as a six-week class, but it will meet for eight weeks from 10/12 to 12/7. These are not your mother's documentaries. Today's docs inspire, educate, elucidate and entertain. They have become so popular that there are entire film festivals devoted to them, and they are the intellectual darlings of Sundance. We screen docs on subjects as diverse as the arts, environment, science and politics and from the whimsical to the sobering. Discussions are lively with opinions encompassing diverse points of view.

Coordinator: Lili Seely. Lili discovered Fellini and other legendary foreign film directors in her teens and has been in pursuit of excellence in cinema ever since. She has worked for or volunteered at many film festivals and art cinemas and is passionate about film as an artistic medium.

Bridge for Beginners **ALL910**
Friday 1:30-2:50 C-106
12 weeks 14-Sep Limit: 25

This course is open to all who would like to learn about the card game bridge. No experience is required. All students receive a *Bridge Handbook for Beginners* written by the coordinator.

Coordinator: Christopher Senie. Christopher has developed a love for the game of bridge and a passion for teaching the game to others.

The Korean War **ALL1004**
Friday 1:30-2:50 C-115
Second 6 weeks 26-Oct Limit: 25

The Korean Peninsula was under Japanese occupation until 1945. After World War II Korea was divided across the 38th parallel into a communist North and a Western-supported South. The war cost the United States 36,000 lives and 100,000 wounded for a gain of nothing. Have we learned anything from the Korean War? Does the bellicose rhetoric from either

side portend a future conflict? What can be done to lessen the chance of a military struggle that would redound badly on the lives of so many Korean people? These and other questions will be discussed with the class whose active participation is invited.

Coordinator: Raymond Partridge. Ray is a retired physician with a life long-interest in the history of our times.

Independent Study Intermediate Bridge **ALL965**
Friday 3:00-4:20 C-106
12 weeks 14-Sep Limit: 16

For students who have taken Intermediate Bridge with this coordinator, this will be an independent study on duplicate bridge including games with match-point scoring. The coordinator will assist students with preparation of the boards, the schedule of play and use of the traveling score sheets and will do the match point scoring at the end of each game.

Coordinator: Christopher Senie. Christopher has developed a love of the card game bridge and a passion for teaching the game to others.

Basics of Estate Planning **ALL878**
Friday 3:00-4:20 C-115
Second 6 weeks 26-Oct Limit: 25

This updated course covers the basics of estate planning: advance care directives, power of attorney, health care proxy, wills and trusts, administration of estates, estate taxation, Mass Health/Medicaid and nursing home decisions.

Coordinator: Arthur Crooks. Arthur is an estate planning and elder law attorney with over 30 years in practice. He serves as Charman of the Dennis Council on Aging. Arthur has taught this course at A.L.L. for 10 plus years.

CAPE COD COMMUNITY COLLEGE DOWNTOWN HYANNIS CAMPUS

MONDAY

Intermediate Knitting **ALL998**
Monday 10:30-11:50 Downtown Campus, Hyannis
First 6 weeks 10-Sep Limit: 10

This course is for anyone familiar with basic knitting who wants to take their skill to another level. Learn how to increase and decrease stitches and how to stitch cables. Please bring any yarn and needles and any item or pattern you want to work on that includes increasing, decreasing, and/or cable stitching.

Coordinator: Stella Citrano. Stella has been knitting since she was a teenager. She has taught adult classes in Mashpee and Falmouth and for several years at A.L.L.

CAPE COD COMMUNITY COLLEGE DOWNTOWN HYANNIS CAMPUS

WEDNESDAY

Deep Focus

Wednesday 1:30-2:50
Second 6 weeks 24-Oct

Downtown Campus, Hyannis
Limit: 22

ALL1016

This interactive class will take a closer look at the stylistic and thematic techniques used by Hitchcock, Ford and other influential filmmakers. Each week students will view assigned movies on their own. In class, we will examine relevant clips and critique the film. The coordinator will email a syllabus to everyone who registers for this class.

Coordinator: Evan Cook. Evan has coordinated The Famous Final Scene at A.L.L. for the past five years. He has also conducted film classes for Eldredge Library in Chatham. He enjoys the interpretation each movie fan brings to class discussions.

THURSDAY

Tips & Techniques for Travelers

Thursday 10:30-11:50
Second 6 weeks 25-Oct

Downtown Campus, Hyannis
Limit: 22

ALL325

Whether you are ready to travel at a moment's notice, like to plan your trips well in advance, or are an armchair traveler, join us as we uncover travel secrets that will help you make the most of any trip and save you money. We will explore popular and off-the-beaten-track destinations, discuss great Internet travel sites, and share secrets that will help you plan and enjoy your trip. We will take virtual trips to locales you might want to consider for your next trip. Class members will be invited to share travel tips and advice.

Coordinator: Connie Champlin. Connie has traveled extensively for the past 40 years to practically every state in the U.S. and almost all continents. She has taught a travel class in Sandwich and this class ten times at A.L.L.

Writing Incubator

Thursday 3:30-5:00
12 weeks 13-Sep

Downtown Campus, Hyannis
Limit: 16

ALL780

In the literary world, an incubator is a group of like-minded people who provide space and time while offering encouragement and mentoring to accomplish writing goals. This is a class that permits and encourages the formation and development of new ideas and stories. We encourage all genres of writing.

Coordinators: Nancy Shoemaker, Wade Sayer and Pete Stringer. Nancy is a printer, graphic designer, publisher, and photographer. Wade's masterful writing runs from children's books to gritty and powerful chronicles of the Vietnam War. Pete is a local sports celebrity and writer and a long-distance runner with many previous lives.

BRIDGEWATER STATE UNIVERSITY SOUTH YARMOUTH

TUESDAY

The Beatles: A Magical Musical Tour

Tuesday 9:00-10:20
12 weeks 11-Sep

Bridgewater SU, S. Yarmouth
Limit: 25

ALL1037

The course will offer a historical and critical analysis of the monumental contributions of The Beatles not only to music but to Western culture as well. Almost every one of their albums broke new ground and they demonstrated that pop/rock music was capable of incorporating numerous musical styles, harmonies, and song forms. Virtually all innovations in pop/rock music from the mid-sixties to the present owe a debt to one (or more) of The Beatles' albums. We will trace the development of The Beatles from their beginnings through their solo careers, looking at them both from a musical and a sociological perspective.

Coordinator: Lew Taylor. Lew is a retired public librarian and has a BA and MA in American History. Lew has taught many courses at A.L.L. and is the owner of I Cannot Live Without Books in West Dennis.

Godmothers of the Environmental Movement

Tuesday 10:30-11:50
First 6 weeks 11-Sep

Bridgewater SU, S. Yarmouth
Limit: 25

ALL1028

The modern environmental movement will be explored, focusing on the work of Rachael Carson. We will see a film about her life and read portions of *Silent Spring* and a new article about her work by historian Jill Lepore. The contributions of Margarie Stoneman Douglas will also be covered.

Coordinator: Anne Southworth. After teaching English at Western New England College, Anne is enjoying reading and teaching in retirement.

Jewish Resistance During the Holocaust

Tuesday 10:30-11:50
Second 6 weeks 23-Oct

Bridgewater SU, S. Yarmouth
Limit: 25

ALL1027

When I was teaching the holocaust in high school, a student asked, 'Why did the Jews not resist?' The answer was that they did, but this fact was not admitted by the Germans and it failed to get into most history textbooks. This course will deal with the most dramatic of Jewish resistance efforts in the death camps of Sobibor, Treblinka, Belzec, Auschwitz and Theresienstadt (Terezin). This history is mostly hidden and as a result has led to the perpetuation of unfortunate myths.

Coordinator: Jim Perry. Jim Perry has offered history courses to A.L.L. for over 12 years.

BRIDGEWATER STATE UNIVERSITY SOUTH YARMOUTH

TUESDAY (Continued)

The Believing Brain **ALL996**
Tuesday 12:00-1:20 Bridgewater SU, S. Yarmouth
First 6 weeks 11-Sep Limit: 25

This course will be based on the book *The Brain and The Meaning of Life* by Paul Thagard, concerning the need to rethink our traditional ideas about soul, will, and mortality. Coordinator will bring up subjects from the book each week for discussion. This is a discussion course on "the big questions". There is no need to buy the book but if classmates would like to discuss portions of the book, they may bring in discussion questions and topics.

Coordinator: Barbara Leedom. Barbara continues to coordinate courses in the philosophy and physiology of believing.

Pilgrims, Puritans, and Early Cape Cod History **ALL720**
Tuesday 12:00-1:20 Bridgewater SU, S. Yarmouth
Second 6 weeks 23-Oct Limit: 25

Explore the life and times of the Pilgrims and Puritans before and after their arrival on Cape Cod. Follow the religious and political upheaval that forced them to Holland and then New England. Study the exploration and exploitation from 1500 to 1620 along with the fur trade, colonization and peaceful/hostile relations with the Native Americans. Discuss how the achievements of the Plymouth Colony affect your life today: Bill of Rights, separation of church and state, civil marriages, selectman form of government, and America's first constitution of 1636. Textbooks will be provided at first class. Some resource materials will be sent via email prior to the start of class.

Coordinators: Francis D. Robinson and Dorothy B. Robinson. Coordinators Francis and Dorothy are former CT educators with advanced degrees in history and education. In retirement Fran was a Mystic Seaport Interpreter. They are co-authors of numerous historical genealogies.

Intermediate Bead Weaving Techniques **ALL932**
Tuesday 1:30-2:50 Bridgewater SU, S. Yarmouth
12 weeks 11-Sep Limit: 10

Knowledge of Peyote and Herringbone is required. New variations will be presented each week in addition to group and individualized instruction on projects. Written instructions as well as online tutorial links will be provided with each lesson.

Coordinator: Kathleen Taylor. Kathy is a lifelong artisan with degrees in art and education who currently runs a bead shop, Not Just Beads, in West Dennis.

Beginner Beadweaving - Section A **ALL915**
Tuesday 3:00-4:20 Bridgewater SU, S. Yarmouth
First 6 weeks 11-Sep Limit: 10

Learn traditional beading techniques of Peyote and Ndebele (Herringbone) stitches using seed beads with needle and thread. No prior experience necessary. Starter kits available at the first meeting or pick up a supply list at the A.L.L. office.

Coordinator: Kathleen Taylor. Kathy is a lifelong artisan with degrees in art and education who currently runs a bead shop, Not Just Beads, in West Dennis.

Beginner Beadweaving - Section B **ALL975**
Tuesday 3:00-4:20 Bridgewater SU, S. Yarmouth
Second 6 weeks 23-Oct Limit: 10

Learn the traditional beading techniques of Peyote and Ndebele (Herringbone) stitches using seed beads with needle and thread. No prior experience necessary. Starter kits available at the first meeting or pick up a supply list at the A.L.L. office. Members taking Section A are welcome to continue in this class.

Coordinator: Kathleen Taylor. Kathy is a lifelong artisan with degrees in art and education who currently runs a bead shop, Not Just Beads, in West Dennis.

MASHPEE SENIOR CENTER MASHPEE

TUESDAY

Current Events **ALL431**
Tuesday 10:45-12:15 Mashpee Senior Center
12 weeks 11-Sep Limit: 16

In our class, we discuss what is happening locally, in our state, in our country and around the world. Members are encouraged to participate, expressing their ideas, thoughts and opinions. Prepare to be open-minded with others who do not share your opinions.

Coordinators: Robert Calzini and Dean Troxell. Bob has taught and served in school administration in Natick, in Mashpee, and in Europe. He has taught this course over 10 times. Dean has been active in A.L.L. for over nine years. He has had a long-time interest in current events, history, and sports. Above all, he encourages class participation.

**MASHPEE SENIOR CENTER
MASHPEE****WEDNESDAY****The Sports Huddle**

Wednesday 10:45-12:15

12 weeks 12-Sep

ALL368

Mashpee Senior Center

Limit: 25

We will discuss sports-related subjects from high school through professional levels. Focus will be on the Boston area and Cape Cod but will also extend to national and international sports. Students are encouraged to share their knowledge of and their opinions on the topics.

Coordinators: Larry Weishaus and Irwin Rubin. Larry brings a NY Metro slant to sports. He is a NYU graduate who played for the Old Washington Senators. He is a long time guru of Major League baseball and excels in most sports. Irwin is a lifelong Boston sports fan. He brings a vast knowledge of sports history and trivia to all discussions. He is a graduate of Arizona State University where he played football.

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Monday	9:00-10:20	First 6 weeks	10-Sep	ALL1012	The Operatic Masterworks of Richard Strauss	C-115	Steve Piontek
Monday	9:00-10:20	12 weeks	10-Sep	ALL1025	The Persian Empire	C-106	Paula Stefani
Monday	9:00-10:20	Second 6 weeks	29-Oct	ALL1013	More Great Operas of Rossini	C-115	Steve Piontek
Monday	10:30-11:50	First 6 weeks	10-Sep	ALL1010	History of Radio and Television	C-106	Christopher Outwin
Monday	10:30-11:50	12 weeks	10-Sep	ALL1029	The Ottoman Empire - Part 1	C-115	Ed Foster
Monday	10:30-11:50	First 6 weeks	10-Sep	ALL998	Intermediate Knitting	Downtown Campus, Hyannis	Stella Citrano
Monday	10:30-11:50	Second 6 weeks	29-Oct	ALL1008	Six Negotiations that Shaped the 20th Century	C-106	Russell Leng
Monday	12:00-1:20	12 weeks	10-Sep	ALL928	History of Rock and Roll: The 50s and 60s	C-106	LeW Taylor
Monday	12:00-1:20	12 weeks	10-Sep	ALL1019	How To Read A Movie Visually	C-115	Joseph L. Gonzalez
Monday	1:30-2:50	First 6 weeks	10-Sep	ALL1020	Conversational Spanish	C-115	Joseph Gonzalez
Monday	1:30-2:50	12 weeks	10-Sep	ALL489	How Philosophy Can Save Your Life	C-106	Claire Briand
Monday	1:30-2:50	Second 6 weeks	29-Oct	ALL1006	TV Indians Even Now	C-115	Frank Cuphone
Monday	2:00-3:15	12 weeks	10-Sep	ALL1035	Talking Film	North/South Hall	Stephen Pastore
Monday	3:00-4:20	First 6 weeks	10-Sep	ALL1038	Beyond Red or White: Wines of the World from A to Z	C-115	Ron Fernandes
Monday	3:00-4:20	12 weeks	10-Sep	ALL1046	Masterpieces of Chamber Music	C-106	John Temple
Monday	3:00-4:20	Second 6 weeks	29-Oct	ALL984	A Woman's Heart: Poetry into Play	C-115	Rod Owens
Tuesday	9:00-10:20	12 weeks	11-Sep	ALL978	American Oligarchy	C-106	Stew Goodwin

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Tuesday	9:00-10:20	First 6 weeks	11-Sep	ALL1021	Understanding and Managing Loved Ones with Mental Illness	C-115	Jud Phelps and Kim Lemmon
Tuesday	9:00-10:20	12 weeks	11-Sep	ALL1037	The Beatles: A Magical Musical Tour	Bridgewater SU, S. Yarmouth	Lew Taylor
Tuesday	10:30-11:50	12 weeks	11-Sep	ALL1014	Making Shakespeare Come Alive	C-106	John Kennedy and Barbara Berelowitz
Tuesday	10:30-11:50	First 6 weeks	11-Sep	ALL1028	Godmothers of the Environmental Movement	Bridgewater SU, S. Yarmouth	Anne Southworth
Tuesday	10:30-11:50	First 6 weeks	11-Sep	ALL718	Mind and Matter	C-115	Sydney Lamb
Tuesday	10:30-11:50	Second 6 weeks	23-Oct	ALL1017	Controversial U.S. Presidential Elections	C-115	David Wyant
Tuesday	10:30-11:50	Second 6 weeks	23-Oct	ALL1027	Jewish Resistance During the Holocaust	Bridgewater SU, S. Yarmouth	Jim Perry
Tuesday	10:45-12:15	12 weeks	11-Sep	ALL431	Current Events	Mashpee Senior Center	Robert Calzini and Dean Troxell
Tuesday	12:00-1:20	12 weeks	11-Sep	ALL504	Franklin and Eleanor Roosevelt	C-106	Rick Kornblum
Tuesday	12:00-1:20	First 6 weeks	11-Sep	ALL996	The Believing Brain	Bridgewater SU, S. Yarmouth	Barbara Leedom
Tuesday	12:00-1:20	First 6 weeks	11-Sep	ALL1034	Mind and Matter II	C-115	Sydney Lamb
Tuesday	12:00-1:20	Second 6 weeks	23-Oct	ALL1022	The Science Fiction of H. G. Wells	C-115	Richard Slapsys
Tuesday	12:00-1:20	Second 6 weeks	23-Oct	ALL720	Pilgrims, Puritans, and Early Cape Cod History	Bridgewater SU, S. Yarmouth	Francis D. Robinson and Dorothy B. Robinson
Tuesday	1:30-2:50	12 weeks	11-Sep	ALL932	Intermediate Bead Weaving Techniques	Bridgewater SU, S. Yarmouth	Kathleen Taylor
Tuesday	1:30-2:50	12 weeks	11-Sep	ALL029	Conversational French	C-106	Lore Lofffield De Bower
Tuesday	1:30-4:00	12 weeks	11-Sep	ALL077	So You Want to Be a Poet	C-106	Peter Saunders and Victoria Branigan
Tuesday	3:00-4:20	First 6 weeks	11-Sep	ALL915	Beginner Beadweaving - Section A	Bridgewater SU, S. Yarmouth	Kathleen Taylor

Course Schedule

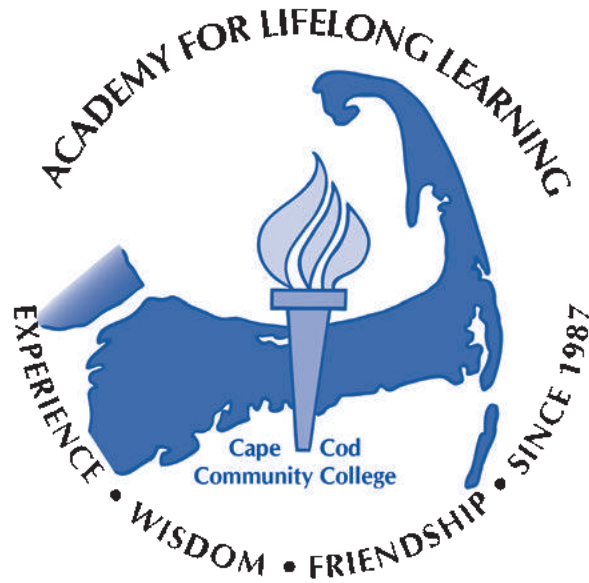
Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Tuesday	3:00-4:20	12 weeks	11-Sep	ALL1031	The 800-Pound Gorilla in the Room	C-106	Don Ellicott
Tuesday	3:00-4:20	Second 6 weeks	23-Oct	ALL975	Beginner Beadweaving - Section B	Bridgewater SU, S. Yarmouth	Kathleen Taylor
Wednesday	9:00-10:20	12 weeks	12-Sep	ALL991	A Brief History of London	C-106	Christine Johnston and David Johnston
Wednesday	9:00-10:20	12 weeks	12-Sep	ALL948	News and the World Outside the USA	C-115	Arthur Pontes
Wednesday	10:30-11:50	12 weeks	12-Sep	ALL013	Great Books	C-106	Mary Joyce and Mary Beth Ellis
Wednesday	10:30-11:50	First 6 weeks	12-Sep	ALL999	15 Challenges of the Future	C-115	Tom Murphy
Wednesday	10:30-11:50	Second 6 weeks	24-Oct	ALL1018	New England in the American Revolution	C-115	Jim Sefcik
Wednesday	10:45-12:15	12 weeks	12-Sep	ALL368	The Sports Huddle	Mashpee Senior Center	Larry Weishaus and Irwin Rubin
Wednesday	12:00-1:20	12 weeks	12-Sep	ALL1023	The Russian Revolution, 1891 to 1991	C-106	Richard Stewart
Wednesday	12:00-1:20	12 weeks	12-Sep	ALL479	Women in Literature	C-115	Elaine Horne
Wednesday	1:30-2:50	12 weeks	12-Sep	ALL1009	Women's Lives Then and Now: The Case of Cagney & Lacey and Rizzoli & Isles	C-106	Nancy Weida
Wednesday	1:30-2:50	First 6 weeks	12-Sep	ALL1040	It Matters HOW We Think! Section A	C-115	Nina Greenwald
Wednesday	1:30-2:50	Second 6 weeks	24-Oct	ALL1016	Deep Focus	Downtown Campus, Hyannis	Evan Cook
Wednesday	1:30-2:50	Second 6 weeks	24-Oct	ALL1042	It Matters HOW We Think! Section B	C-115	Nina Greenwald
Wednesday	2:00-3:15	12 weeks	12-Sep	ALL1036	Election 2018	North/South Hall	Stephen Pastore
Wednesday	2:00-3:15	First 6 weeks	12-Sep	ALL1044	Introduction and Overview of the Myers Briggs Type Indicator	North/South Hall	Marianne Triplette
Wednesday	2:00-3:15	Second 6 weeks	24-Oct	ALL1045	An Introduction to the Enneagram as a Personal and Business Tool	North/South Hall	Marianne Triplette

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Wednesday	2:30-5:30	Second 6 weeks	24-Oct	ALL711	Beginning Watercolor	Tilden Arts Ctr. Building	Mary Lou Mack
Wednesday	3:00-4:20	12 weeks	12-Sep	ALL982	Mah Jongg Beginner Sect. A	C-115	Jacqueline Cohen
Wednesday	3:00-4:20	Second 6 weeks	24-Oct	ALL1026	Modular Origami	C-106	Andrea Plate
Thursday	9:00-10:20	12 weeks	13-Sep	ALL1033	Classic Novels and the Meaning of Life	C-106	David Mulligan
Thursday	9:00-10:20	First 6 weeks	13-Sep	ALL985	Women in Music: Billie, Bessie, Bonnie and More	C-115	Gina Poole
Thursday	9:00-10:20	Second 6 weeks	25-Oct	ALL1032	Trump, Twitter, and The Russians	C-115	Paul Arnold and Jim Connolly
Thursday	10:30-11:50	12 weeks	13-Sep	ALL276	Sports Talk Hot Stove League	C-106	Bob Clever and Alan Dewar
Thursday	10:30-11:50	First 6 weeks	13-Sep	ALL1039	Human Equality	C-115	Ivan Barofsky
Thursday	10:30-11:50	Second 6 weeks	25-Oct	ALL1005	Everyday Organic Chemistry	C-115	John Ward
Thursday	10:30-11:50	Second 6 weeks	25-Oct	ALL325	Tips & Techniques for Travelers	Downtown Campus, Hyannis	Connie Champlin
Thursday	12:00-1:20	First 6 weeks	13-Sep	ALL867	Being Mortal	C-106	Marilyn Nouri
Thursday	12:00-1:20	12 weeks	13-Sep	ALL492	The Wonder of Poetry	C-115	Bill Nicholson
Thursday	12:00-1:20	Second 6 weeks	25-Oct	ALL1024	Families As They Really Are	C-106	Marilyn Nouri
Thursday	1:30-2:50	12 weeks	13-Sep	ALL1015	The Roaring 20's	C-115	John Kennedy and Dean Troxell
Thursday	1:30-2:50	12 weeks	13-Sep	ALL055	Loving the Short Story	C-106	Sheryl Lajoie and Elizabeth Moylan
Thursday	3:00-4:20	12 weeks	13-Sep	ALL048	Current National and International Events	C-115	Alan Berger and John Ward
Thursday	3:00-4:20	12 weeks	13-Sep	ALL1043	Ancient Greek Civilization: Why the Greeks Matter	C-106	Gershen Rosenblum

Course Schedule

Day	Block Time	Session	Starting	ALL #	Course Title	Location	Coordinator(s)
Thursday	3:30-5:00	12 weeks	13-Sep	ALL780	Writing Incubator	Downtown Campus, Hyannis	Nancy Shoemaker, Wade Sayer and Pete Stringer
Friday	9:00-10:30 & 9:00-12:00 (alternating weeks)	12 weeks	Sep-14	ALL756	Philosophy and Film	North or South Hall	Tom Gotsill
Friday	9:00-10:20	First 6 weeks	14-Sep	ALL866	Introduction to Nichiren Buddhism	C-115	Susan Whalley and Steve Piontek
Friday	9:00-10:20	First 6 weeks	14-Sep	ALL888	Introduction to iOS for the iPhone and iPad	C-106	Wayne Hoover
Friday	10:30-11:50	First 6 weeks	14-Sep	ALL1007	Appreciating Japanese Sake	C-106	Ken Molloy
Friday	10:30-11:50	12 weeks	14-Sep	ALL1030	Telling Stories	C-115	June Calender
Friday	9:00-10:20	Second 6 weeks	26-Oct	ALL884	Prosperity at Risk: The Strengths and Weaknesses of the Local Economy	C-106	David Darling
Friday	10:30-11:50	Second 6 weeks	26-Oct	ALL1001	Using Children's Literature to Teach Science	C-106	Patricia McKean
Friday	12:00-1:20	First 6 weeks	14-Sep	ALL972	How Foreign Policy Has Traditionally Been Made	C-106	Rosemary O'Neill
Friday	12:00-1:20	12 weeks	14-Sep	ALL823	Understanding and Loving the World's Great Music	C-115	David Quinn
Friday	1:00-4:00	8 weeks	12-Oct	ALL433	The Doc is IN	Multimedia Ctr. in Wilkens Library	Lili Seely
Friday	1:30-2:50	12 weeks	14-Sep	ALL910	Bridge for Beginners	C-106	Christopher Senie
Friday	1:30-2:50	Second 6 weeks	26-Oct	ALL1004	The Korean War	C-115	Raymond Partridge
Friday	3:00-4:20	12 weeks	14-Sep	ALL965	Independent Study Intermediate Bridge	C-106	Christopher Senie
Friday	3:00-4:20	Second 6 weeks	26-Oct	ALL878	Basics of Estate Planning	C-115	Arthur Crooks



Board of Directors 2018-2019

Judith Roettig	President	2019
Dianne Tattersall	Vice President, and Chair of Hospitality	2020
Kirk Young	Treasurer	2019
Noelle Howland	Clerk	2021
Diane Hoover	Special Events	2020
Leslie B. Mathis	Policies and Procedures	2019
Marilyn Nouri	Long-Range Planning	2020
Miriam Kronish	Curriculum	2020
Edward Wirtanen	Member at Large	2019
Jackie Faulhaber	Registration	2021
Rona Robinson	Member at Large	2021
(open)	Communications	
Jim Lathrop	Immediate Past President, and Chair of Finance	2019

Office Administrator: Kerry Arnett

Academy for Lifelong Learning Cape Cod, Inc.

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College Hotline (for school closing information): (508) 375-4070

