



ALLways

Newsletter of the Academy for Lifelong Learning of Cape Cod, Inc.

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February, 2017

The Academy follows the closing policies of Cape Cod Community College. It is important to note the possibility of class cancellations because of inclement weather or other factors. Please post the number listed below near your phone. We've had reports that the Hotline is not always up to the minute, so please keep checking.

College Hotline Number

508-375-4070



Elevator Access:

For directions on how and where to use the elevator, please call the ALL Office at 508-362-2131 x4400.

Frolicking into February



You frolic, I frolic, we all frolic according to what we mean by frolicking. Let us frolic into February, each according in his/her own way.

We owe accolades, applause, kudos and all the superlatives we can muster to the ALL people who brought Winterim back and who worked so hard to making it such a success. Thanks to T. Berry Brazelton, Lili Seely and all involved. See T. Berry's Winterim article and photos below and more to follow in March.

I write this on a gray, dingy day in late January but with a heart full of pleasure because of ALL and how it's kept me and thousands of others alert, learning and loving learning.

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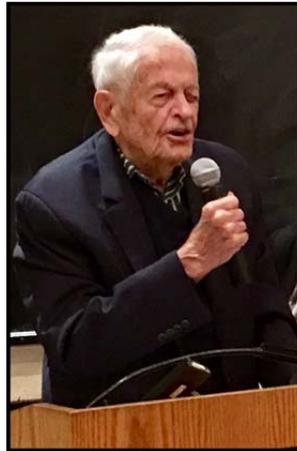
Welcome to a new semester, new courses, new coordinators, and welcome back to continued courses, continuing coordinators.

Welcome to hearts and flowers and, late this month, perhaps crocuses.

Barbara Leedom, Editor

Winterim 2017 - A Great Success

Winterim 2017 - January 17, 18, 19



The 3-Day Winterim event was highly successful. It was planned by me and Lili Seely.

Day 1: "Saving Our Environment - Finding Solutions" consisted of a film, then a lecture by the distinguished senior scientist from the Woods Hole Research Center, Dr. Max Holmes, about the present conditions of our environment. Break-out sessions were held in the afternoon: 1. The condition of our waters; 2. The need for new alternative fuels which are non-pollutants; 3. What we have to do to preserve and improve our present environment. This was followed by an inspiring discussion of how we can all work together. More than 100 people attended.

Day 2 was "Grandparenting 101", and it was my effort to help grandparents learn new roles for caring for their children and grandchildren and make it more fun. I started by telling grandparents never to tell their children how to parent. The one hour film in the beginning was a composition of segments from my previous TV program "What Every Baby Knows" (1983-1996). The first segment was of grandparents who were taking care of four active grandchildren (ages 12-3). They lived with their single mother and were given the structure that the grandparents could offer. This was followed by a discussion of other grandparents and the challenging role of grandparents today. Next, a delivery of a newborn, then an assessment of the neonate, how to capture the parents right after the birth for the baby showing them and their new role of learning to become a successful parent by learning from the baby's behavior and his language.

Day 2 continued with a second short film of a mother and father and second baby. We watched a film about a wonderful new building in Roxbury, MA, for 50 African-American grandparents who are raising their grandchildren. It ends with these grandparents saying, "This is wonderful. It's like the old days. We were a community and we are all raising our grandchildren together. It's bound to be more successful than living alone."

The afternoon break-out sessions included; 1. Autistic babies and how to identify them for early intervention by Dr. Jayne Singer of Children's Hospital; 2. Difficult children hypoactive and hyperactive from the Cape Cod Early Childhood Group; 3. Two grandparents raising their grandchildren, followed by ideas about how to address their grandchildren's needs.

Day 3 - Facing Alzheimer's Disease was particularly inspiring. The film *Alive/Inside* began the day, followed by an inspiring talk by Greg O'Brien, a prominent columnist for *The Boston Globe*, *Boston Magazine*, and the *New York Times*. Greg is also the author of *On Pluto: Inside the Mind of Alzheimer's*. Greg is now facing his own Alzheimer's disease. He lived through his grandparents and his mother's Alzheimer's disease. He spoke about how to help be productive and what his main concerns were - leaving his family to face it and even to worry about inheriting it.

This was followed by break-out sessions by three members of the Alzheimer's Association of Cape Cod. They outlined what we know about the disease, its origins, its neuropathology and the ways we can help these patients as the disease progresses.

Greg's speech, at the end, was thrilling.

The people in attendance - all of us - give Lili Seely and her volunteer group a rousing thanks for the efforts they made to make Winterim 2017 such a success.

T. Berry Brazelton, M.D., Board Member-at-Large



Lovin' Coordinating Courses

When I moved to the Cape I thought that my days would be spent gardening and maybe with a part-time job at a bookstore (one with really great employee discounts). But shortly after I moved a friend suggested that I take a fantastic Current Events class at the Mashpee Senior Center.

The course was led by Dan Asher, and it was the gift that has kept on giving for more than 10 years.

My first discovery was there were news junkies who were even more addicted than I was. And Dan lured me into being a coordinator by sometimes having to miss a class and asking me to lead the discussion. Ed Foster gave me another push when he said that, as a coordinator, I would always learn more than my class. And if I didn't know the answer to a question I would have a roomful of people from various walks of life and tremendous experiences who probably did have the answer. He was right.

I started out coordinating a Genealogy class and went on to classes about murder mysteries and history. One of my favorites was a class I did with Steve Blume called Shakespeare at the Movies. I must admit my knowledge of Shakespeare is rather shallow. So while I operated the hardware to show the movies and provided some trivia on the actors, Steve gave us all great insights into the bard and his plays.

It has been a wonderful experience and each semester I become consumed with a different aspect of history and in providing a wide view of the cultures and lifestyles of the countries and eras we are discussing. My daughter and members of my class refer to it as "when I fall down the rabbit hole".

This semester I have become ALL's leading authority on Indian War Elephants. And after a slide show I did on varieties of Italian pasta, we were all very proud when Aimee Silberman was able to answer a Jeopardy question with her newfound knowledge of "priest-strangler" pasta.

In addition to being a coordinator I have been so lucky to have met so many wonderful and interesting people, enjoy our special events and trips, and take classes from some great coordinators, whose skills and talents imparting information I try to copy.

Paula Stefani, Coordinator

Electoral College - The Controversy - Abolish or Not

Jane Scarborough, Constitutional Attorney, addressed this topic to an SRO crowd at a November ALL lecture. She spoke on the historic and present day advantages and disadvantages of the electoral college and answered questions. The United States is the only democratic country that does not directly elect its president by popular vote. Even countries that based their democracies on the United States model chose not to adopt the Electoral College. In our last election, the losing candidate won the popular vote by almost 3 million. In Bush versus Gore, the loser also won the popular vote. This has happened five times in our history.

As a follow up to Jane's lecture, it is interesting to know that when our forefathers set up the Electoral College, life was very different from now. Women did not vote, African-Americans did not vote, even non-land owners did not vote. Our forefathers felt there needed to be a system of checks wherein a group of more highly educated, more knowledgeable people (electors) were to make sure voters did not make a mistake and elect someone of the wrong temperament. It is arguable whether we still need this today.

Even if you believe we do not need the Electoral College, you probably assume it would take a change in our constitution to allow the popular vote to elect our president. That is not the only way to make this change. It can be changed by an Interstate Compact. States often make agreements that they will adopt "compacts" to recognize other states' laws and court orders if those states will adopt theirs. For example, this occurs regularly in child custody cases where one state accepts a second state's custody orders if state number two also accepts the first state's custody orders and rules.

It's called "the National Popular Vote Interstate Compact". If enough states sign on to this Compact agreeing that the winner of the popular vote will get all the electoral votes from their states, it will become law of the land. But what is "enough"? Enough is the number of states controlling at least 270 electoral votes. This Compact will not become law and be binding until enough states adopt it.

Now states with 165 electoral votes have signed onto and adopted this Interstate Compact, including Massachusetts. Another 105 (electoral votes) more are needed to complete the process. The signing is done by state legislation and there is legislation pending in three states: Pennsylvania (20 votes); Michigan (16 votes); and Arizona (11 votes). If these pass, only states with 58 more votes would be needed, say Texas (38) and Florida (29).

For more information go to www.nationalpopularvote.com/ or Google: National Popular Vote Interstate Compact.

Leslie B. Mathis, J.D., Policies and Procedures Committee

Thanks to All Who Gave



For the past several years we have been collecting cash donations in December for various local worthy causes. For the past two years, the money has gone to the *Cape Cod Times* Needy Fund. The Needy Fund provides financial assistance for basic human needs to individuals and families living on Cape Cod and the islands who are facing temporary financial hardships.

I am very proud to report that, during December, the members of ALL collectively donated \$1,104 to the Needy Fund. In the *Times'* listing of donations, published on January 8, our donation was accurately described as from "The members of the Academy for Lifelong Learning of Cape Cod, Inc.", rather than from the Academy itself. As the fund's slogan says, "Neighbors Helping Neighbors - that's what the Needy Fund is all about." A very good way to start the year!

Jim Lathrop, President

Special Events



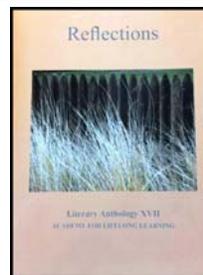
Dr. Davis Bisno once again mesmerized us with his lecture/slide presentation, "The Johann Strauss Family - History and Music," on Dec. 9. He never fails to educate/entertain us with his fully-researched lectures.

In the upcoming months, we are planning a bus trip to the Huntington Theatre to see a matinee performance of "Top Dog/Under Dog" on March 29. In April, we will go to the Whydah Museum (Pirate Museum) in Yarmouth, and we are planning a bus trip to the Whaling Museum in New Bedford and to the Lizzie Borden House in Fall River.

Watch for signup sheets on the ALL desk for the Huntington Theatre and New Bedford/Fall River trips about 6 weeks in advance.

Claire Briand, Special Events Chair

Reflections 2017 Launch Party



Reflections XVIII will be celebrated at a Launch Party February 17, 1:00-3:00, in the Atrium of the Lorusso Technology Building. Copies of the "hot off the press" anthology of creative work by ALL members will be available. Be the first to see the new cover look, read all the prose (fiction and non-fiction) and poetry, and see a centerfold of color photos. Everyone is invited! There will be light refreshments. Several authors will read their work. Friends and family members are welcome, too.

Here is a tiny taste of fun found in the book, a limerick by Anna Crebo:

There was a young eel from Managua
Who wanted to leave Nicaragua
He spotted some cruise ships
Bound for Massachusetts
And now he lives in Boston Hahba

June Calender, Reflections Chair

Spring Social



In response to the Fall semester ALL survey, the Hospitality Committee has set up a spring wine and cheese social, in lieu of the annual banquets we have held in the past. It will be held on **Thursday, April 27 at the Cape Codder Resort from 5-7 PM**. We will be offering ample appetizers and two drinks per guest. Hopefully in the March newsletter we will have the cost and registration details available for you. We look forward to seeing you at this event to celebrate another great year for ALL.

Beth Thayer, Hospitality Chair

Curriculum Committee Update

We thank all of our volunteers who distributed the ALL Spring 2017 Catalog far and wide. We welcome you to the new semester - so many wonderful choices! We look forward to learning together and also are ready to receive your proposals for the Fall 2017 semester. Please consider offering a course - we'll all be the wiser for your sharing your expertise with us.

Miriam Kronish, Curriculum Committee Chair

2017 BOD Nominating Committee Update

The Committee is currently seeking members to fill Board positions for three year terms. To qualify, a candidate must have been an ALL member in good standing for at least one year. The ability to work as an effective group member or leader; effective communication skills, both oral and written; leadership skills; and previous experience on a board are desirable qualifications as well. The Board of Directors meets monthly year round, and members are expected to attend meetings. Each Director will be appointed to an office or chosen to head a committee by the Board President. Persons seeking nomination must complete a petition containing the signatures of 10 ALL members. Petitions are available at the front desk. ALL is a volunteer organization approaching its 30th year and your give back will ensure our attaining that goal.

Paul S. Arnold, Chair Nominating Committee

ALL Art Gallery Artists

We are always looking for ALL member artists and photographers who want to show their work and talent in our ALL Art Gallery in the lounge area. We feature two artists or photographers in each show for six week periods during the school year. Thirty percent of the sales are donated to ALL. We know there are many of you out there with artistic talent and we would love the opportunity to show your work so don't be shy.

Spring 2017 semester showings in the ALL office are watercolor artwork by Dorothy F. Kelly, and photography by Molly Johnston. Please stay-tuned for new creative works to be shown in the spring 2017 semester.

Prints by Dorothy F. Kelly



Photography by Molly Johnston



Please contact Ann Corbett at

anncape@comcast.net or

call 508-428-4171

www.anncorbettart.smugmug.com

Calendar of Events

Check out our website at www.capecodall.org for changes, updates and a monthly calendar.

FEBRUARY 2017

<i>Reflections</i> 2017 Launch Party	Friday, February 17 1:00 - 3:00 pm
President's Day	Monday, February 20 NO CLASSES
Board of Directors Meeting	Tuesday, February 21

Board of Directors

Jim Lathrop jblathrop@outlook.com	President	2018
Dr. Raymond Partridge raymond.partridge@comcast.net	Vice President	2018
Lili Seely fritz02601@aol.com	Treasurer	2017
Michael Pigo-Cronin mpcro@verizon.net	Clerk	2018
M. Christine Johnston dleejohnston@yahoo.com	Immediate Past President	2017
Claire Briand clairebriand@gmail.com	Special Events	2017
Miriam Kronish miriamkronish@gmail.com	Curriculum	2017
Beth Thayer thayer.beth359@gmail.com	Hospitality	2017
Lee Pledger blpledger@outlook.com	Communications	2018
Dr. T. Berry Brazelton	Member-at-Large	2019
Leslie B. Mathis lesliebmathis@verizon.net	Policies & Procedures	2019
Judith Roettig jroettig@gmail.com	Long Range Planning	2019
Edward Wirtanen ed.wirtanen@comcast.net	Member-at-Large	2019
Kirk Young akyct@aol.com	Finance	2019

ALLways welcomes Letters to the Editor with comments and suggestions on just about anything related to our organization. We also welcome articles, blurbs and snippets. We don't accept unsigned material. Email me at bleedom@gmail.com and see your name in print. Please note, all submissions for the following month **MUST** be received by the third Monday of the previous month to be included in the newsletter. Thank you.

Barbara Leedom

ALLways

Editor

Barbara Leedom

Production

Kerry Arnett & Lee Pledger

Things to do in February...



Send valentines. Learn more about Washington & Lincoln on Presidents' Day. Find a new beach and walk around it. Learn about devices. Take photos. Pick forsythia branches, dunk them in water, change water often and in two weeks they'll bloom. Look in on someone living alone. Buy a plant & give it to someone. Hug. Look for snowdrops & crocuses. Write a note to someone.